

**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE

*Empowering continuous learning and practice improvement.*



**16.75**

MAINPRO+

## **54<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE**

FEB 21-23, 2019  
THU-SAT

VANCOUVER MARRIOTT PINNACLE  
DOWNTOWN HOTEL

### **COURSE OVERVIEW**

This comprehensive three-day review course offers an update of knowledge central to the practice of family medicine in both rural and urban settings. Committed to addressing everyday practical issues, speakers present equally on current and special areas of concern to the primary health care professionals. To complement a morning of group lectures, the afternoon includes a series of elective interactive workshops which allow conference attendees to customize their learning experience. Our three main topics for this year are Pediatrics & Women's Health, Internal Medicine & Geriatrics and Potpourri.

### **INVITED SPEAKER**



G Michael Allan, MD, CCFP. Director of Programs and Practice Support, College of Family Physicians of Canada; Professor, Dept of Family Medicine, University of Alberta.

*This CPD conference is sponsored by the Department of Family and Community Practice, VCH - Vancouver.*

**Vancouver  
CoastalHealth**

*Promoting wellness. Ensuring care.*

Department of Family and Community Practice, VCH

**ubccpd.ca**

0700	<b>Continental Breakfast, Registration Opens</b>	
0815	<b>Welcome &amp; Opening Remarks</b>	Dr. James Lai
0830	Top Pediatric Articles That Changed My Practice	Dr. Erik Swartz
0855	Clinical Pearls for Well Baby Checks	Dr. Keyvan Hadad
0920	Primary Care Approach to Abnormal Uterine Bleeding	Dr. Jagdeep Ubhi
0945	<b>Intermission</b>	
1015	Pediatric Dermatology: Photo Cases	Dr. James Bergman
1040	"It's Not Going Away": Recurrent Vaginitis	Dr. Petra Selke
1105	"I Think My Child Has Anxiety" - Next Steps in Primary Care	Dr. Ashley Miller
1130	Before You Refer for Infertility	Dr. Jason Hitkari
1200	<b>Lunch Buffet</b>	
1300	<b><i>Ballroom walls close to prepare for the workshops</i></b>	
1315	<b>Small Group Workshops I (Choose 2)</b>	
	<b>A</b> Infertility - Counselling Patients on the Options	Dr. Jason Hitkari
	<b>B</b> "I Think My Teen Is Using Drugs" - What's Next?	Dr. Elizabeth Kay
	<b>C</b> Recurrent Early Pregnancy Loss	Dr. Beth Taylor
	<b>D</b> Pre-Conception Health - Optimizing Pre-Existing Medical Conditions	Dr. Wee-Shian Chan
	<b>E</b> Autoimmune Stuff in Kids: Juvenile Arthritis - What a GP Needs to Know	Dr. Kristin Houghton
	<b>F</b> Vulvar Disease: What to Manage, What Not to Miss	Dr. Melanie Atlas
	<b>G</b> Pediatric, Refugees, Immigrants - Caring for Kids New to Canada	Dr. Mei-Ling Weidmeyer
1415	<b>Intermission</b>	
1430	<b>Repeat of Small Group Workshops I</b>	
1530	Time for Evaluations & Adjourn	

0730	<b>Continental Breakfast, Registration Opens</b>	
0825	<b>Welcome &amp; Housekeeping</b>	
0830	Top 5 Articles That Changed My Practice	Dr. Mike Allan
0855	Review of Cardiac Diagnostics - Indications for What to Use When	Dr. Graham Wong
0920	New Insulins & New Guidelines: Need-To-Know from the 2018 Diabetes Guidelines	Dr. Marshall Dahl
0945	<b>Intermission</b>	
1015	Send to ER? What Your Emergency Room Colleagues Want You to Know First	Dr. Dan Kim
1040	Dementia Update	Dr. Harpreet Chauhan
1105	Fatty Liver Disease: Diagnosis and Management	Dr. Eric Yoshida
1130	HIV PrEP: Everything You Need to Know	Dr. Mark Hull
1200	<b>Lunch Buffet</b>	
1230	<b>Lunch Presentation:</b> <i>From White Coat to Gold Medal: Lessons Learned in High Performance</i>	Dr. Meghan Grant
1300	<b>Ballroom walls close to prepare for the workshops</b>	
1315	<b>Small Group Workshops II (Choose 2)</b>	
	<b>H</b> Heart Failure - What's New in Management	Dr. Gil Kimel
	<b>I</b> Managing Chronic Kidney Disease	Dr. Adeera Levin
	<b>J</b> Spinal Stenosis - Management Options	Dr. Maria Chung
	<b>K</b> Urinary Incontinence in Elderly	Dr. Martha Spencer
	<b>L</b> Is My Patient Competent? Adult Guardianship and Protection: Assessment Tools and Resources	Ms. Larissa Sandeve
	<b>M</b> Assessment and Management of Falls in the Elderly	Dr. Janet Kushner-Kow
	<b>N</b> Migraine Management in Primary Care	Dr. Jillian Reardon Mr. Jamie Yuen
1415	<b>Intermission</b>	
1430	<b>Repeat of Small Group Workshops II</b>	
1530	Time for Evaluations & Adjourn	

0730	<b>Continental Breakfast, Registration Opens</b>	
0825	<b>Welcome &amp; Housekeeping</b>	
0830	Medical Marijuana: What Is the Evidence	Dr. James McCormack
0855	Suboxone - Practical Tips for Using Suboxone in the Office – Inductions, Micro-Inductions	Dr. Christy Sutherland
0920	Common Oral Lesions - What Not to Miss	Dr. Bertrand Chan
0945	<b>Intermission</b>	
1015	Skin Care Tips - Approach to Retinoid, Vitamin C and Other Anti-Aging Skin Care Routines	Dr. Alison Sutton
1040	Sleep Apnea - What's New	Dr. John Fleetham
1105	STI - Diagnosis and Treatment	Ms. Stacy Barry
1130	LCHF (Low Carb Healthy Fat) Diets - Fad or the Future?	Dr. Michael Lyons
1200	<b>Lunch Buffet</b>	
1230	<b>Lunch Presentation:</b> <i>Artificial Intelligence, Voice Technology and Applications for Family Medicine</i>	Dr. Teri Fisher
1300	<b>Ballroom walls close to prepare for the workshops</b>	
1315	<b>Small Group Workshops III (Choose 2)</b>	
	<b>O</b> Medical Legal Reports - Improving Your Quality and Efficiency	Dr. Gurdeep Parhar
	<b>P</b> Beyond Opioids: Practical Tips for Chronic Pain	Dr. Brenda Lau
	<b>Q</b> Joint Injections	Dr. Rhonda Shuckett
	<b>R</b> CBT-I: Cognitive Behavioural Therapy for Insomnia	Dr. Rob Comey
	<b>S</b> Effective Teaching of Medical Students and Residents In My Family Practice Clinic	Dr. Brenda Hardie
	<b>T</b> MSK Exam/Injection - Shoulder/Wrist/Knee	Dr. Max Sun
	<b>U</b> Adult Dermatology Cases	Dr. Pamela O'Connor
1315 - 1545	<b>V</b> <i>IUD Insertions - Review of Guidelines, Basic Insertion &amp; Troubleshooting See Description Below (2.5 hours - DOES NOT REPEAT)</i>	Dr. Beata Byczko & Dr. Renee Hall
1415	<b>Intermission</b>	
1430	<b>Repeat of Small Group Workshops III (except workshop V)</b>	
1530	Time for Evaluations Adjourn	

### IUD Insertions - Review of Guidelines, Basic Insertion and Troubleshooting

**6.0** Mainpro+ (2.5 hours in class + Pre-Workshop Needs Assessment, Post Workshop Test and Reflective Exercise)

**Additional Cost: \$200.00**

This course will review the current SOGC IUD Guidelines, review basic insertion of all Canadian IUDs as well as provide tips and tricks for difficult insertions.

# 54<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE

FEB 21-23, 2019

Vancouver Marriott Pinnacle Downtown Hotel  
Vancouver BC

ME9209

For CPD use only

## CONTACT DETAILS

☐ Dr. ☐ Mr. ☐ Ms.

☐ Urban ☐ Rural

Last Name Given Name(s)

Address

City Prov/State Postal Code

Telephone Fax

Email (required)

## CONFERENCE FEES

Includes Online Course Material, Breakfast, Refreshments & Lunch

Save \$10 by registering online!	By Jan 21	By Feb 11	After Feb 11
<b>Full Conference</b>	\$709	\$795	\$855
I will attend <b>TWO</b> days	<input type="radio"/> Thu & Fri	<input type="radio"/> Thu & Sat	<input type="radio"/> Fri & Sat
<b>Two Days</b>	\$509	\$549	\$589
I will attend <b>ONE</b> day	<input type="radio"/> Thursday	<input type="radio"/> Friday	<input type="radio"/> Saturday
<b>One Day</b>	\$324	\$334	\$355

## COURSE SYLLABUS\*

*\*In our ongoing effort to be environmentally responsible, all conference materials will be distributed electronically (online). If you prefer to receive a traditional paper syllabus, you must pre-order a copy at an additional cost.*

<input type="radio"/> No thanks, electronic/online syllabus works for me.	FREE!
<input type="radio"/> Yes please, I would like to order one paper syllabus.	\$30

## DAILY WORKSHOPS

Select 2 workshops from each session and number in order of preference (1=most preferred)  
Except Workshop V as it is full afternoon and does not repeat.

Thursday Feb 21	A	B	C	D	E	F	G
Friday Feb 22	H	I	J	K	L	M	N
Saturday Feb 23	O	P	Q	R	S	T	U
	V <input type="radio"/> IUD Insertion - 2.5 hours <b>(DOES NOT REPEAT)</b> Additional \$200						

## PAYMENT

\$ ☐ VISA ☐ MC

TOTAL AMOUNT ENCLOSED

Name of Cardholder Signature

Credit Card Number Expiry Date

\*No refunds or transfers, unless you cancel by Jan 21, 2019 for a fee of \$100



Easy ways to  
**Register**



ubccpd.ca



604.675.3777



604.675.3778



cpd.info@ubc.ca



UBC CPD  
Suite 200 East Tower  
555 West 12th Ave  
Vancouver, BC V5Z 3X7

I am a:

- ☐ Family Physician/General Practitioner
- ☐ Specialist
- ☐ Other: \_\_\_\_\_

I am a UBC Clinical Faculty Member:

- ☐ Yes
- ☐ No

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. Information is used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- ☐ I DO NOT CONSENT to being on the participant list

All participants registered for UBC CPD courses are included on the contact list for future programs. If you DO NOT wish to be on the UBC CPD contact list, please indicate below.

- ☐ I DO NOT wish to be on the UBC CPD contact list

## DIETARY RESTRICTIONS/ ALLERGIES:

Severity: ☐ HIGH or  
☐ LOW, foods can be in the same room



## CONFERENCE VENUE & ACCOMMODATION

Vancouver Marriott Pinnacle Downtown Hotel  
1128 West Hastings St.  
Vancouver BC V6E 4R5

Special conference rates starting @ \$205.00 CDN/night.  
Quote "Annual Post Graduate Review for Family Physicians 2019" in order to obtain the conference rate.

Reservations must be made by Jan 21, 2019 as rooms will not be held beyond this date, except on a space available basis.

## TO MAKE A RESERVATION

W <https://book.passkey.com/go/postgrad2019>  
T 604.684.1128 or 1.800.207.4150 and mention the "Annual Post Graduate Review for Family Physicians 2019"

## 54<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE IS BROUGHT TO YOU BY

**Vancouver Coastal Health**

*Promoting wellness. Ensuring care.*

Department of Family and Community Practice, VCH



THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Medicine

Division of Continuing Professional Development

## FOR MORE INFORMATION VISIT

[ubccpd.ca](http://ubccpd.ca)

- Accreditation Statement
- Refunds & Cancellations

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