

Type 2 Diabetes Dialogue

Emerging Innovations in Diabetes

NOVEMBER 24 + 25, 2021
VIRTUAL TWO HALF-DAY EVENT



Objectives:

Emerging practice - Share emerging and leading type 2 diabetes prevention, management and reversal practices and identify opportunities to strengthen and accelerate their use.

Connection - Foster connections between stakeholders to build relationships and facilitate collaboration across BC.

Network - Collaborate on building and strengthening the BC type 2 diabetes network to facilitate knowledge sharing and continuous improvement.

Mobilize - Identify activities focused on reversing the course of type 2 diabetes to be pursued through action groups.

Day 1

TIME	TOPIC	SPEAKER
1000 – 1015	Territorial Acknowledgement & Welcome	Syexwáliya , Knowledge Keeper Christina Krause , Chief Executive Officer BC Patient Safety & Quality Council Marc Pelletier , Chief Executive Officer Institute for Health System Transformation and Sustainability
1015 – 1035	Health Inequities and Chronic Disease: The Unequal Toll of the Pandemic	Geoff McKee , Public Health Physician, Medical Director for Population and Public Health at BCCDC, Clinical Instructor at UBC School of Population & Public Health
1035 – 1050	Getting to Know You: Speed Networking Part One	All
1050 – 1155	FOSTERING PATIENT ENGAGEMENT AND ENHANCED OUTCOMES IN A VIRTUAL WORLD	
	Igniting Patient Engagement and Improving Outcomes in a Virtual World Using Virtual Learning Learn about the journey and learnings from redesigning Patient Diabetes Self Management classes to create a patient centered curriculum optimized for virtual care delivery.	Christy Boyce , Virtual Health Learning Consultant, Fraser Health Paula Turner , Registered Nurse, CDE Harwinder Gill , Registered Nurse, CDE
	Enhancing Access: Interior Health's Adult Type 2 Video Series Learn about the development of Interior Health's virtual, self-paced education options for adults diagnosed with type 2 diabetes including their videos and evaluation approach.	Susi Wilkinson , Practice Lead, Home Health & Diabetes, Interior Health Heather Busby , Regional Knowledge Coordinator, Home Health and Diabetes, Interior Health
	Virtually Sugar Free: Overcoming Challenges of Managing Gestational Diabetes in a Pandemic Learn about how the Jim Pattison Diabetes and Pregnancy Clinic responded to the COVID-19 pandemic by switching to virtual care while maintaining quality patient care.	Reena Khurana , Endocrinologist, SMH/ JPOCSC Endocrinology Division Lead

1155 - 1215 **BREAK**

1215 – 1335 **A NEW MINDSET IN PRIMARY CARE**

Integrating Behavioural Medicine into Primary Care: A Small Changes Approach to Chronic Disease Prevention

Learn about Burnaby B Well Program, a chronic disease preventative health program, launched by Burnaby PCN using a evidence-based small changes approach focusing on small, manageable and self-selected steps individuals can take towards their goals.

Erica Corber, Senior Director, Primary Care Networks & Patient Medical Homes, Burnaby Division of Family Practice

Sandra Thompson, B Well Behavioural Medicine Team Psychologist Lead, Burnaby Primary Care Networks

105 Cases of Drug-Free T2 Diabetes Remission in Primary Care: Your Practice Can Do It Too!

Learn how after 25 years with no drug-free T2 Diabetes remission a change in primary care clinical practice was able to deliver 105 such cases. Happy patients, happy doctors and huge savings on this practice's diabetes drug budget. Find out how and try it yourself!

David Unwin, Fellow of the Royal College of General Practitioners

Pathways Website and Diabetes Care

A demonstration of the Pathways website and tools for use by clinicians at point of care.

Tracy Monk, Family Physician, Provincial Physician Lead for Pathways, UBC Clinical Assistant Professor

1335 – 1355 **Moving to Action: Our Commitment to Change (Part 1)**

All

1355 – 1400 **Closing**

Christina Krause, Chief Executive Officer | BC Patient Safety & Quality Council

Marc Pelletier, Chief Executive Officer | Institute for Health System Transformation and Sustainability

Day 2

TIME	TOPIC	SPEAKER
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1000 – 1010 **Territorial Acknowledgement & Welcome**

Christina Krause, Chief Executive Officer | BC Patient Safety & Quality Council

Marc Pelletier, Chief Executive Officer | Institute for Health System Transformation and Sustainability

1010 – 1105 **TYPE 2 DIABETES REMISSION – A NEW HOPE**

The Evidence

Learn of updates of the scientific literature highlighting how type 2 diabetes can be put into remission using nutritional lifestyle and other targeted interventions.

Jonathan Little, UBC Associate Professor in School of Health and Exercise Sciences

Moving From Theory to Practice

Learn how the IPTN and it's partners are helping to close the research to practice gap for long term remission of type 2 diabetes and working to make remission a standard of care.

Sean McKelvey, Chief Executive Officer | Institute for Personalized Therapeutic Nutrition (IPTN)

1105 - 1120 **Getting to Know You: Speed Networking Part Two**

All

1120 – 1220 **CULTURAL AND COMMUNITY ADAPTATIONS**

Migration and Type 2 Diabetes in the Chinese Population

Learn about trends in the occurrence of diabetes in Chinese Canadians compared with global Chinese populations over the past two decades exploring roles of migration, time since immigration, age, gender, immigration policies, and more on diabetes occurrence in Chinese population.

Calvin Ke, Endocrinologist, incoming UofT Assistant Professor and Clinician Scientist

Building Capacity in Chronic Disease Self-Management Among Multicultural Populations Through the Intercultural Online Health Network (iCON)

Learn about how iCON co-develops with communities, linguistically and culturally tailored health resources, building capacity in chronic disease self-management and digital health literacy.

Anne-Marie Jamin, iCON Program Manager, UBC Digital Emergency Medicine

1220 – 1240 **BREAK**

1240 – 1335 **PEER SUPPORTS ADDING VALUE**

Peer Support: Current Views and the Road Ahead

Learn about how best to integrate peer support, from formal patient networks to the internet, with evidence-based type 2 diabetes care.

Jon Schmid, Associate at PNW Strategy, Consultant with IHSTS

Diabetes Going Digital: How to Evaluate and Map Technology to Peer Support at Scale

Lynda Brown Ganzert, CEO | Curatio

Engaging Indigenous Adolescents as Peer Mentors to Prevent Type 2 Diabetes and Foster Mino-Pimitasiwin. The IYMP Experience

Learn about the rationale for peer mentors in chronic disease prevention among children and about the Indigenous Youth Mentorship Program, Canada's largest network for pediatric type 2 diabetes prevention.

Jon McGavock, CIHR Applied Health Chair in Resilience and Obesity in Children, UofM Associate Professor in Department of Pediatrics and Child Health

1335 – 1355 **Moving to Action: Our Commitment to Change (Part 2)**

All

1355 – 1400 **That's All Folks!**

Christina Krause, Chief Executive Officer | BC Patient Safety & Quality Council

Marc Pelletier, Chief Executive Officer | Institute for Health System Transformation and Sustainability

Register for the Type 2 Diabetes Dialogue

bcpsqc.ca/event/type-2-diabetes-dialogue-2021-emerging-innovations-in-diabetes/

Sign up for the Type 2 Diabetes Network

bcpsqc.ca/diabetes