

# Rural And Remote 2022 – Out of the Ashes of COVID: Stronger Rural Communities- Thursday April 21<sup>st</sup>

\*subject to change (2/16/22)

07:00	Breakfast and Registration Canada Hall 2/3									
08:00	Welcome and Housekeeping Messages Gatineau Salon									
08:30	Opening Prayer (Indigenous) Gatineau Salon									
09:00	Pleanary - TBC Gatineau Salon									
10:00	Refreshment Break Canada Hall 2/3									
10:20	Session 100 <i>Dr. Gavin Parker</i>  The Management of the Intubated Patient in the ED	Session 101  Oral Research Presentation - Clinical	Session 102 <i>Dr. Kevin Wasko, Jennifer Scherman</i>  Saskatchewan's Provincial COVID Response – Mobilizing Rural Care Teams Via A Tiers of Service Approach	Session 103 <i>Dr. Madeleine Cole &amp; Dr. Katie Matthews</i>  Conscientious Provision: Mifegymiso for Medical Abortion and Miscarriage Management	Session 104 <i>Dr. Samantha Harper</i>  So you've agreed to be an Event Medic?	Session 105 <i>Dr. Leah Seaman &amp; Dr. Darlene Kitty</i>  Putting the CanMEDS-FM Indigenous Health Supplement into Action (2 hours)	Session 106 <i>Dr. Chris Patey &amp; Dr. Philip Holloway</i>  Grabbing Medicine by the Horns – Early and Mid-Career Perspective on Rural Practice	Session 107 <i>Dr. Virginia Robinson &amp; Dr. Tracy Morton</i>  Ultrasound Scanning Sessions - Cardiac Image Acquisition	Session 108 <i>Dr. Wade Mitchell, Dr. Peter Wells &amp; Dr. Matt DiStefano</i>  Advanced Wound Assessment and Suturing Workshop (Repeat)	Session 109 <i>Dr. Tom O'Neill</i>  Managing Hemorrhagic Shock in Rural Hospitals
11:20	Travel Time									
11:30	Session 120 <i>Dr. Mike Allan, Dr. Mike Kolber &amp; Dr. Tina Korownyk</i>  Jeopardy	Session 121  From Early Years to Early Learners: Current Topics in Medical Education	Session 122 <i>Dr. Marnie Jakob</i>  "So, You Wanna Locum?"	Session 123 <i>Dr. Nadin Gilroy</i>  Extending Access to Pregnancy Termination Into Rural/Remote Canada	Session 124 <i>Dr. Ruth Wilson &amp; Dr. Sean Moore</i>  Rural Patient Transfer – Facilitating a National Dialogue on Call to Action	Session 125 <i>Dr. Leah Seaman &amp; Dr. Darlene Kitty</i>  Putting the CanMEDS-FM Indigenous Health Supplement into Action (2 hours)	Session 126 <i>Dr. Chris Patey &amp; Dr. Shane Straton</i>  Bog Bikes & Snow Crab – Rural Newfoundland Emergency Cases	Session 127 <i>Dr. Kirstie Overhill &amp; Dr. Renate Kahlke</i>  Clinical Coaching for Excellence, Resiliency and System Change	Session 128 <i>Dr. Wade Mitchell, Dr. Peter Wells &amp; Dr. Matt DiStefano</i>  Advanced Wound Assessment and Suturing Workshop (To Be Repeated)	Session 129  Basic Airways
12:30	Lunch Canada Hall 2/3									
13:30	Session 140 <i>Dr. Mike Allan, Dr. Mike Kolber &amp; Dr. Tina Korownyk</i>  New True and Poo: New Clinically Relevant Studies for Primary Care	Session 141 <i>Dr. Tracy Morton &amp; Dr. Virginia Robinson</i>  POCUS in Rural Canada: A Vision for the Future	Session 142 <i>Dr. Jessica Otte</i>  And You Thought You Knew Everything About Tramadol	Session 142 <i>Dr. Dale Dewar</i>  Ionizing Radiation: Best Practices & Fraudulent History	Session 144 <i>Dr. Leilani Doyle</i>  Airway Management in Trauma	Session 145 <i>Ms. Avery Palmer &amp; Ms. Rachel Howlett</i>  CaRMS "How To" Guide	Session 146 <i>Dr. Sarah Giles &amp; Ms. Mary Ollier</i>  Lipid Emulsion Therapy in the ER -- from ODs to LAST	Session 147 <i>Dr. Thomas L. Perry, Dr. Dee Mangin, Ms. Sydney Saunders, Ms. Charissa Tonneson &amp; Ms. Ashley Perrault</i>  Practical Deprescribing - A Professional Community Approach (2 hours)	Session 148 <i>Dr. Shireen Mansouri</i>  The Value of Informal Peer Support	Session 149  Basic Airways
14:30	TRAVEL TIME									
14:40	Session 160 <i>Dr. Darlene Kitty</i>  Moving Towards Cultural Safety and Reconciliation	Session 161  Diaster Management (BC Floods)	Session 162 <i>Dr. Simon Moore &amp; Dr. Paul Dhillon</i>  Smart Studying for the CCFP Exam: Tips, Tricks & Strategies	Session 163 <i>Dr. David Bradbury Squires</i>  Hands-on US Session	Session 164 <i>Dr. Dave Jerome</i>  Clearing the Water - An Approach to the Management of Patients Who Have Drowned	Session 165  First Trimester Prenatal Care	Session 166 <i>Dr. Amita Dayal &amp; Dr. Sarah Gower</i>  Medical Assistance in Dying	Session 167 <i>Dr. Thomas L. Perry, Dr. Dee Mangin, Ms. Sydney Saunders, Ms. Charissa Tonneson &amp; Ms. Ashley Perrault</i>  Practical Deprescribing - A Professional Community Approach (2 hours)	Session 168 <i>Dr. Andrew Kotaska</i>  Vacuum and Manual Rotational Assisted Vaginal Delivery (2 hours)	Session 169  Advanced Airways
15:40	Refreshment Break Canada Hall 2/3									
16:00 - 17:00	Session 180 <i>Dr. Kate Miller &amp; Dr. Menaka Pai</i>  Evaluating Anemia: When to Refer and When to Follow	Session 181 <i>Dr. Nancy Fowler</i>  Outcomes of Training Report	Session 182 <i>Dr. Emma Crawley, Dr. Marnie Jakob &amp; Dr. AC Silver</i>  Transition to Rural Residency	Session 183 <i>Dr. Bruce Mohr</i>  Management of Shoulder Dislocation	Session 184 <i>Ms. Rebekah Seidel</i>  From the Ground Up: Health-care Provider Attraction and Retention in Rural Alberta	Session 185  Second Trimester Prenatal Care	Session 186 <i>Dr. Amita Dayal</i>  Narrative Based Medicine - A Newbie's Perspective	Session 187 <i>Mrs. Patti Kemp</i>  SRPC Reads	Session 188 <i>Dr. Andrew Kotaska</i>  Vacuum and Manual Rotational Assisted Vaginal Delivery (2 hours)	Session 189  Advanced Airways
17:00 - 19:00	Family Friendly Mix N' Mingle Canada Hall 2/3									
17:00 - 18:00	ESS/OSS Reception									
18:00 - 20:00										
21:00 - 22:00	Resident Social - Offsite					Hockey Night in the Nation's Capital - Sandy Hill Arena				

# Rural And Remote 2022 – Out of the Ashes of COVID: Stronger Rural Communities - Friday April 22<sup>nd</sup>

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07:00	<b>Breakfast and Registration</b>									
08:00	Welcome and Housekeeping Messages Gatineau Salon									
08:30	Gatineau Salon									
9:00	<b>A Healthy Response to Climate Change Dr. Courtney Howard</b>									
10:00	<b>Refreshment Break</b> Canada Hall 2/3									
10:20	Session 200 <i>Dr. Stefan Grzybowski</i>  Panel presentation: Providing an Overview of Strategies Selected Index Rural Communities have Implemented in Response to COVID	Session 201  Current Topics in Indigenous Health Rresearch	Session 202 <i>Dr. Paula Slaney</i>  First Five Years in Practice Panel	Session 203 <i>Dr. Jacinthe Lampron</i>  Management of Trauma at a Rural Emergency Room	Session 204 <i>Dr. Tim Wehner</i>  "Tim's tips" for Avoiding Pitfalls in Early Management of Acute Coronary Syndromes	Session 205 <i>Dr. Ryan Falk &amp; Dr. Nicole Ebert</i>  Careers in Rural Surgery (ESS/OSS) for Family Physicians (Intended for Students and Residents)	Session 206 <i>Dr. Andrew Kotaska</i>  Beyond The Cervix - Practical Tips for IUD Insertion and Endometrial Bx	Session 207 <i>Dr. Simon Moore</i>  Red Eye Simple Approach: Evidence, Pearls & Medical Pitfalls	Session 208 <i>Dr. Lynette Power &amp; Dr. Robert McCarthy</i>  Layered Learning: Teaching Tips for Residents and Early Career Preceptors	Session 209 <i>Dr. Virginia Robinson &amp; Dr. Tracy Morton</i>  Ultrasound Scanning Sessions - Gallbladder and Liver
11:20	<b>Travel Time</b>									
11:30	Session 220 <i>Dr. Stefan Grzybowski</i>  Engaging Medical Students in Responding to Climate Change and Ecosystem Disruption	Session 221  From Early Years to Early Learners: Current Topics in Medical Education	Session 222 <i>Ms. Avery Palmer &amp; Ms. Rachel Howlett</i>  Rural Electives Across Canada	Session 223 <i>Dr. Chris Patey, Craig Campbell, Mr. Reniel Engelbrecht &amp; Ryan Wade</i>  Procedural Skills in a 3D Printed World (Fishhook Removal, Adult IO, Peds IO)	Session 224 <i>Dr. Declan Fox, Dr. Megan Miller, &amp; Ms. Jennie Thompson</i>  36 Ways to Recruit a Rural Doctor	Session 225 <i>Dr. Peter Miles</i>  Wound Management for Rural ESS/OSS FPO's	Session 226 <i>Dr. Brendan Munn &amp; Ms. Nadia Bonenfant</i>  Getting Away From the Type A and Yogi Stereotypes - A Couple's Take on Getting Physician Wellness Right	Session 227 <i>Dr. Wade Mitchell &amp; Dr. Peter Wells</i>  Wounds, Biopsies & Skin Closures (To Be Repeated)	Session 228 <i>Dr. Bruce Mohr</i>  Joint Reduction (Hands-on)	Session 229 <i>Dr. Mark Saul</i>  ST Segment Elevations in the Countryside
12:30	<b>Research Poster Session</b>									
12:30	<b>Lunch</b> Canada Hall 2/3									
13:30	Session 240 <i>Dr. Stefan Grzybowski</i>  Indigenous Working Group: Engaging with Rural and Indigenous Communities to Respond to Climate Change and Ecosystem Disruption	Session 241  Stepping into the Ruralverse: Advances in Rural Health Technology	Session 242 <i>Dr. John Pawlovich, Dr. Jeff Beselt &amp; Ms. Kim Williams</i>  Real-Time Virtual Support: Relationship-Based Digitally Enhanced Collaborative Care in Rural BC	Session 243 <i>Dr. Jesscia Otte</i>  Everyone Poops: What To Do if Your Patient Can't	Session 244  Third Trimester Prenatal Care	Session 245 <i>Dr. Leah Seaman &amp; Dr. Braam de Klerk</i>  Palliative Care Case (2 hours)	Session 246 <i>Dr. Sarah Cook &amp; Dr. Fariba Kolahdooz</i>  Bridging the ACCESS Gap: Factors Impacting the Utilization of Cancer Screening Services in Indigenous Peoples in the Canadian Arctic: Results of the ACCESS Project	Session 247 <i>Dr. Wade Mitchell &amp; Dr. Peter Wells</i>  Wounds, Biopsies & Skin Closures (Repeat)	Session 248 <i>Dr. Anne Robinson &amp; Dr. Sharon Cirone</i>  Suboxone Substitution: Means and Methods	Session 249 <i>Dr. Adam Dubrowski &amp; Dr. Gordon Brock</i>  Development, Fabrication and Utilization of Three Dimensionally (3D) Printed Simulators in the Context of Training for Rural and Remote Practice (3 hours)
14:30	<b>Travel Time</b>									
14:40	Session 260 <i>Dr. Stefan Grzybowski</i>  Engaging with Rural Youth in CCEDARR	Session 261 <i>Dr. Sarah Giles &amp; Dr. Sarah Mathieson</i>  Real Talk About Emotional Fallout in the ER	Session 262 <i>Dr. John Pawlovich, Dr. Jeff Beselt &amp; Ms. Kim Williams</i>  Follow Up Disucssion - Real-Time Virtual Support: Relationship-Based Digitally Enhanced Collaborative Care in Rural BC	Session 263  Rural Residency Tour for Medical Students (2 hours)	Session 264 <i>Dr. Filip Gilic</i>  Ventilate, Don't Intubate! A Common Sense Approach to Respiratory Distress	Session 265 <i>Dr. Leah Seaman &amp; Dr. Braam de Klerk</i>  Palliative Care Case (2 hours)	Session 266 <i>Dr. Sarah Cook &amp; Ms. Justina Marianayagam</i>  Care Close to Home: Choosing Wisely in Northern Rural and Remote Communities	Session 267 <i>Dr. Mike Allan, Dr. Mike Kolber &amp; Dr. Tina Korownyk</i>  Guideline Review: PEER Team's 2021 Chronic Pain Guideline Highlights	Session 268 <i>Dr. Anne Robinson &amp; Dr. Sharon Cirone</i>  Opioids	Session 269 <i>Dr. Adam Dubrowski &amp; Dr. Gordon Brock</i>  Development, Fabrication and Utilization of Three Dimensionally (3D) Printed Simulators in the Context of Training for Rural and Remote Practice (3 hours)
15:40	<b>Refreshment Break</b> Canada Hall 2/3									
16:00 - 17:00	Session 280 <i>Dr. Stefan Grzybowski</i>  Inspiring Collective Behaviour Change in Rural Communities in Responding to Climate Change and Ecosystem Disruption	Session 281 <i>Dr. Paula Slaney</i>  Rx Nature: The Science of Forest Bathing	Session 282 <i>Dr. Margo Wilson &amp; Mr. Nathaniel Pollock</i>  Beyond the Overpass: Highlights of Rural Research	Session 283  Rural Residency Tour for Medical Students (2 hours)	Session 284 <i>Dr. Filip Gilic</i>  Code Alone	Session 285 <i>Dr. Colin McCready</i>  Providing Medical Care in Antarctica	Session 286 <i>Dr. Andrew Kotaska and Ms. Gale Payne</i>  Diabetes and Obesity in Pregnancy: An Unconventional Approach	Session 287 <i>Dr. Mike Allan, Dr. Mike Kolber &amp; Dr. Tina Korownyk</i>  Learning in Practice: Audience Selected Cases	Session 288 <i>Dr. Michelle Lajzerowicz</i>  Pelvic Floor Dysfunction	Session 289 <i>Dr. Adam Dubrowski &amp; Dr. Gordon Brock</i>  Development, Fabrication and Utilization of Three Dimensionally (3D) Printed Simulators in the Context of Training for Rural and Remote Practice (3 hours)
17:15 - 18:15	Student, Resident, Mentor Reception									
17:15 - 18:15	Awards Presentation and Dinner									
19:00 - 21:00	Awards Presentation and Dinner									
21:00 - 23:00	Jam Session - Bring Your Own Instruments and Join in the Fun!									

# Rural And Remote 2022 – Out of the Ashes of COVID: Stronger Rural Communities- Saturday April 23<sup>rd</sup>

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07:00	Breakfast and Registration Canada Hall 2/3									
08:00	Welcome and Housekeeping Messages Gatineau Salon									
08:30	SRPC President's Address Gatineau Salon									
9:00	Time for a Reboot: How the COVID-19 Pandemic is Inspiring a New System of Health Dr. Katharine Smart									
10:00	Refreshment Break Canada Hall 2/3									
10:20	Session 300 <i>Dr. Gavin Parker</i>	Session 301 Stepping into the Ruralverse: Advances in Rural Health Technology	Session 302 <i>Dr. Wade Mitchell</i> Skin Cancer 101	Session 303 <i>Dr. Roy Kirkpatrick</i> Surgical Experiences in Papua New Guinea	Session 304 <i>Dr. Andrew Kotaska</i> The Occasional Breech – Hands On Workshop (2 hours)	Session 305 <i>Dr. Filip Gilic, Dr. Jesse Guscott, Dr. Margaret Tromp &amp; Dr. Wilson Lam</i> Cricothyrotomy Education: An exercise in Deliberate Practice and Strategies on How to Teach your Colleagues	Session 306 <i>Ms. Danika Koopmans</i> How to Empower Your Complex Patient Into a Transformational Lifestyle Change in Under 30 Minutes!	Session 307 <i>Dr. Bruce Mohr</i> Intravenous Regional (Bier) Blocks	Session 308 <i>Mr. Mateo Orrantia, Dr. Eliseo Orrantia &amp; Dr. Ryan Patchett-Marble</i> The PRACTISS Platform: Helping Bring Medical Simulation to your Community	Session 309 <i>Dr. Virginia Robinson &amp; Dr. Tracy Morton</i> Ultrasound Scanning Sessions - IVC & Abdominal Aorta
	Travel Time									
11:30	Session 320 <i>Dr. Sarah Giles &amp; Dr. Sean Moore</i> Bringing Your ER into the Year 2022	Session 321 Oral Research Presentation	Session 322 <i>Dr. Wade Mitchell</i> Stabilizing the Sick Newborn & Preparing them for Transfer	Session 323 ESS/OSS	Session 324 <i>Dr. Andrew Kotaska</i> The Occasional Breech – Hands On Workshop (2 hours)	Session 325 <i>Dr. Jesse Guscott, Dr. Filip Gilic, Dr. Margaret Tromp &amp; Dr. Wilson Lam</i> Simulation Education: Pearls from the Rural Jedi Masters	Session 326 <i>Dr. Martha Riesberry and Dr. Dale Dewar</i> Suturing for Leaners	Session 327 <i>Dr. Lalit Chawla</i> How to Use Magic in a Clinical Setting to Enhance Patient Care and Experiences	Session 328 <i>Dr. Gordon Brock</i> The Workplace Depression Disability Tsunami: How to Make your Case to Insurance Companies and get your Patients their Disability Benefits	Session 329 <i>Dr. John Soles and Dr. Kara Perdue</i> Chest Tubes (To Be Repeated)
	Lunch Canada Hall 2/3									
12:30	SRPC AGM									
13:30	Session 340 <i>Dr. Dan Eickmeier</i> The Aggressive Patient	Session 341 <i>Dr. Ghislaine Attema</i> 'The Long and Winding Road' Rural Medical Education in Canada 2015-2020: Analysis, Review, Next Steps, and Recommendations	Session 342 <i>Mrs. Patti Kemp</i> Climate Change and its Impact on Rural Health	Session 343 Postpartum Obstetrical Care	Session 344 Rural & Isolated Support Endeavour: Lessons Learned & Volunteer Experiences	Session 345 <i>Ms. Ella Chochla, Ms. Tara Laurent &amp; Ms. Anchaleena Mandal</i> Suturing for Leaners	Session 346 <i>Dr. Martha Riesberry and Dr. Dale Dewar</i> The Perks of Practising Rural	Session 347 <i>Dr. Marnie Jakob &amp; Dr. Erica Baines</i> 36 Ways to End a Consultation	Session 348 <i>Dr. Declan Fox &amp; Ms. Andrea Zukowski</i> Chest Tubes (Repeat)	Session 349 <i>Dr. John Soles and Dr. Kara Perdue</i>
	Travel Time									
14:40	Session 360 <i>Wendy Graham, Cheri Bethune &amp; Shabnam Asghari</i> A Faculty Development Rural Research Program Fostering Socially Accountable Research - 6for6 Six Years Down the Road	Session 361 <i>Dr. Virginia Robinson</i> Research	Session 362 <i>Dr. Sean Moore &amp; Dr. Janice Tjissen</i> Point-of-care Ultrasound (POCUS) in Primary Care	Session 363 <i>Dr. Kate Miller &amp; Dr. Menaka Pai</i> Sepsis Management Updates for Adult and Pediatric Management	Session 364 <i>Dr. Joe Vipond</i> Update on Therapeutics for Covid-19	Session 365 <i>Dr. Mackenzie Moleski &amp; Dr. Kimberley Chang</i> Climate Change	Session 366 <i>Dr. Mackenzie Moleski &amp; Dr. Kimberley Chang</i> Rural Mentorship Panel	Session 367 <i>Dr. Mackenzie Moleski &amp; Dr. Kimberley Chang</i>	Session 368 <i>Dr. Mackenzie Moleski &amp; Dr. Kimberley Chang</i>	Session 369 C-spine
	Refreshment Break Canada Hall 2/3									
16:00 - 17:00	Session 380 <i>Wendy Graham, Cheri Bethune &amp; Shabnam Asghari</i> Tackling 'Wicked' Problems in Rural Health Care: The Adaptive Action Method (AAM) in Action	Session 381 <i>Dr. Gavin Parker</i> Introductions to Ultrasound	Session 382	Session 383	Session 384 The Baby's Out, Now What?	Session 385	Session 386 <i>Dr. Joe Vipond</i> Tools of Advocacy	Session 387	Session 388	Session 389 C-Spine
	Rural and Remote 2021 Planning Committee Meeting - If you are interested, please attend.									
17:00	WRAP UP PARTY									
19:00										