

**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE



**THERAPEUTICS**  
**INITIATIVE** Evidence Based  
Drug Therapy



Please join us for  
**DRUGS, DINOS & DINNER (“3D”)**

BRINGING BEST EVIDENCE TO CLINICIANS

WEDNESDAY, May 10<sup>th</sup>, 2017

DINOSAUR DISCOVERY GALLERY, TUMBLER RIDGE

**TOM PERRY, MD** (general internist / clinical pharmacologist)  
**AARON TEJANI, PharmD** (Fraser Health & Vancouver Coastal Health drug evaluation)

This program will be accredited for **4 hours of study credits** with UBC CPD.  
Audience: physicians, pharmacists, nurse practitioners, nurses, students.

1400-1600 hours:

- Deprescribing and polypharmacy reduction (cases illustrated by patient videos).
- Inhalers for COPD - what is the evidence for combination products?
- Drug choices and BP targets in hypertension.
- Statins: should we use targets? Who benefits? Recognizing statin myopathy.

1600-1730 hours:

- Tour of Dinosaur Discovery Gallery & collections of the Peace Region Palaeontology Research Centre with palaeontologists Dr McCrea & Dr Buckley.
- Buffet dinner

1730-1930 hours:

- Type 2 Diabetes - what do we really know about drug therapy now?
- Antidepressants - do they work for depression?
- Surrogate markers - can we move beyond them?
- Short video clips of medication side effects
- Cyclobenzaprine - a curious story of a drug that may have no good role.

2000 hours: A lantern tour to the Wolverine River dinosaur footprint site (1 km return)

For those staying overnight in Tumbler Ridge, activities on Thursday May 11th include:

- 0600 hours: pool opens for swimmers (free entry thanks to District of Tumbler Ridge).
- 0800-1030 hours: guided tour to the Cabin Pool dinosaur track site (4 km return) hosted by the Tumbler Ridge Museum Foundation.
- 0700-1100 hours: trail work bee (optional) - medical residents and delegates support the Tumbler Ridge UNESCO Global Geopark in removing deadfall from the trails.

Delegates will be given an information package on the  
“Health and Well-being in the Tumbler Ridge UNESCO Global Geopark” project.

Please RSVP directly to Dr Charles Helm at [helm.c.w@gmail.com](mailto:helm.c.w@gmail.com) or 250-242-4251  
in order for catering arrangements to be accurate.