



PITPROJECT

IS COMING TO PRINCE GEORGE!

January 18, 2018 – 12:00pm – 1:30pm

UHNBC – LDC Room 0505 and via webex

Webex link, [join the meeting](#)

Meeting number: 854 588 797

Meeting password: project

Teleconference Info: 1-877-385-4099 Code: 6389909#

Lunch Provided – CME Accredited for 1.5 Mainpro+/MOC Section 1 credits

RSVP to Jayleen.emery@northernhealth.ca

Dr. Marilyn Thorpe, Psychiatrist, Project lead

PIT (Psychiatric Interdisciplinary Team) ASSESSMENTS – a highly effective, collaborative appointment between a family doctor, patient and psychiatrist

- Decreased wait times to see a psychiatrist from 46 to 11 days
- Enhanced family doctor knowledge
- Approved by all involved

This SSC project was done over two years at University of Victoria in the Campus Health Clinic to create sustainable and spreadable mental health programs for community health clinics. Research also includes data on the implementation of a full-time mental health nurse, an in-clinic CBT therapist for depression and anxiety, and a Managing Emotions program for those with emotional regulation and/or borderline personality disorder.

For more information go to www.pitproject.ca

Funding for this initiative was provided for by the Specialist Services Committee (SSC), one of four joint collaborative committees representing a partnership of Doctors of BC and the BC Ministry of Health.