



# **IMPORTANT UPDATE!**

TO: All NH Physicians, nurse practitioners, primary care nurses at STI clinics, midwives, and laboratory staff

FROM: Deanna Danskin, Microbiology Quality Resource Technologist

**DATE: 19 July 2018** 

RE: Vaginal self-collections for STI testing and collection containers for STI testing (2 pages)

Self-collected vaginal swabs are acceptable for STI testing when clinically appropriate. Clinicians should follow current best practices to ensure vaginal self-collections are administered in the appropriate clinical context for the following tests:

- Chlamydia and Gonorrhoeae NAAT (ORANGE APTIMA 'Multitest' kit)
- Trichomonas antigen, Smear for Bacterial Vaginosis and Yeast (PINK starswab)

Patient instructions are available from document source, document <u>#10-200-6172 STI Self Sampling Information Sheet</u>. Clinics may choose to either provide individual copies to each patient performing self-collection, or can post the instructions in the collection location (ie exam room). Providing clear collection instructions will ensure the best quality sample is collected.

Self-collected vaginal swabs and instructions <u>must be provided by the ordering physician/NP/midwife/clinic and collected at the clinic at the time of patient visit.</u> The laboratory <u>will not provide STI</u> swabs directly to patients. The appropriate requisition should accompany collected, labelled samples.

<u>Please see page 2 for a summary of all collection swabs/kits/containers for STI testing</u>

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Please note which collection kit/swab is appropriate for each site, there have been several minor changes from the manufacturer. Clinicians should order vaginal self-collection instructions from document source (10-200-6172)

## **ORANGE APTIMA 'Multitest' kit:**

Test: Chlamydia and Gonorrhoeae NAAT

<u>Site:</u> Vagina (vaginal self-collections are acceptable when clinically appropriate, see document source

doc# 10-200-6172 for patient collection instructions), rectum, throat, eye



## WHITE APTIMA 'unisex' kit:

Test: Chlamydia and Gonorrhoeae NAAT

Site: Endocervix, male urethra



## **PINK Starswab:**

<u>Test:</u> Trichomonas antigen (females only), smear for Bacterial Vaginosis and Yeast *(can be collected on same swab)* 

Site: Vagina (vaginal self-collections are acceptable when clinically appropriate, see document source

doc# <u>10-200-6172</u>

for patient collection instructions).

<u>Test:</u> Culture for Gonorrhoeae

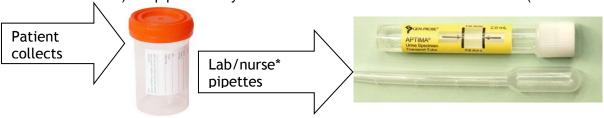
Site: Endocervix, male urethra, rectum, throat



#### **ORANGE TOP sterile container:**

Test: Chlamydia and Gonorrhoeae NAAT

<u>Site:</u> Urine collected in sterile orange top container. Laboratory staff (and trained primary care nursing staff at STI clinics\*) will pipette into vellow APTIMA 'urine' collection kit at the lab (or STI clinic)



#### **BLUE TOP Copan flogswab kit with UTM:**

<u>Test:</u> Herpes Virus by PCR Site: Genital lesion/vesicle

