Resources to support practice

Clinical Resources

- <u>OurNH Cannabis hub</u> (practice support tools, pamphlets and handouts for clients, education opportunities, guidelines, reports, useful links).
- Lower Risk Cannabis Use Guidelines Guidelines to support harm reduction for folks who are using cannabis.
- <u>Canadian Public Health Association Cannabis Hub</u> An external resource hub with screening tools, public health position papers, clinical tools, and other general information.
- <u>Doorways to Conversations</u>: A resource to support conversation skills for health providers wanting to talk about substance use with the people they serve. Speaks to the primary care setting and brief intervention practices.

Websites for general information

- <u>HealthLinkBC Mental Health</u> lots of information on all mental health topics geared for the general public.
- Here to Help BC Detailed information on substances, guides and pamphlets on safer consumption, youth consumption and pamphlets and handouts that can be printed.
- <u>Foundry BC</u> Local youth care hub (Prince George and soon to be in Terrace too) and online clinical and client resources.
- <u>Cannabis in Canada</u> Health Canada site with information on health effects, impairment, crossing the border for the general public.

Where to find additional services

- Mental Health and Substance Use Supports in B.C. Website to look up resources if you need to make a referral for a client or are supporting someone who requires that information.
- <u>Employee and Family Assistance Program (EFAP)</u> Resource for employees should they need to speak with a counselor.

Provincial Cannabis Website - Get Cannabis Clarity

Federal Cannabis Website