

Educational Opportunity: Chronic Pain

Project ECHO for Pain brings together providers from across BC to build a virtual Community of Practice of physicians, nurse practitioners, nurses and allied health professionals

Pain BC has partnered with Shared Care to run a 3-year pilot project of ECHO (Extension for Community Healthcare Outcomes) for Pain

During monthly video sessions, providers from across the province and the spectrum of patient care gain knowledge, confidence and skills to provide evidence-based assessment and treatment of patients living with chronic pain.

Sessions will be **CME accredited** and participants will be able to access the videoconferences from their homes or offices with a smartphone, tablet or computer. **Education funding is available** for NH employees who participate outside of their work hours.

Learning sessions will be provided by an interdisciplinary “hub team” of specialists consisting of:

- A pain specialist
- A rural GP with pain expertise
- A physiotherapist
- An occupational therapist
- A psychologist
- A pharmacist
- An addiction medicine specialist

Following the education component, participants may present individual cases with the opportunity to receive input from the hub team as well as other health care participants in the session. This is a great opportunity to collaborate on tough cases!

The schedule for Cycle 2 (September 2019 – June 2020) is:

Date	Time	Topic
Sept 17	6-8 pm	Fibromyalgia
Oct 15	6-8 pm	Cannabis & pain
Nov 19	6-8 pm	Interventional pain management techniques
Dec 10	6-8 pm	Motivational interviewing
Jan 21	6-8 pm	Pain-focused history & sensory exam
Feb 18	6-8 pm	Headaches
March 17	6-8 pm	Sleep disorders & pain
April 21	6-8 pm	Complex Regional Pain Disorder
May 19	6-8 pm	Providing trauma-informed care
June 16	6-8 pm	Screening for psychiatric & psychosocial co-morbidities

Register for the entire series, or individual sessions at:

<https://painbc.ca/health-professionals/education/echo#signup>

For more info, contact Ashley at ashley.stoppler@northernhealth.ca or 250-565-5784