



# COVID-19 DIGEST

MEDICAL STAFF

Monday, June 1, 2020

**Medical Staff updates will be sent out Monday, Wednesday, and Friday.**

For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

## Provincial case counts and statements

- **As of May 30, 2020**, there were **64** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
  - Confirmed cases: **2,573** (**11** new)
  - Active cases: **228**
  - Deaths: **164** (**0** new)
  - In hospital: **35** (**5** in ICU)
  - Recovered: **2,181**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – May 30, 2020

## Restart of non-urgent respiratory services

- Planning and implementation for a gradual restart to non-urgent and elective diagnostic services is under way; this includes respiratory services.
- Before restarting services, site leaders must coordinate safety plan completion through use of the pandemic recovery toolkit, including risk assessment and formal safety plan as outlined in the [toolkit](#) (OurNH Link).
- Once the site safety plan is completed, leaders are to review plans with staff, post safety plans at the work site, and then may proceed with service restart. This plan is an [Order of the Provincial Health Officer](#) and a requirement that may be requested by WorkSafeBC Prevention Officers in future workplace inspections.
- Regional guidance has been developed for staged implementation of non-urgent respiratory services.

For more information, see the [full memo](#).

## New stroke order sets available June 8

New regional stroke order sets have been developed based on best current evidence as outlined in the Canadian Stroke Best Practice guidelines by interdisciplinary members of the Northern Health Stroke Order Set Working Group.

The newly developed stroke order sets include the following:

- [Ischemic Stroke - Initial 24 Hours Post Thrombolysis order set](#): 10-111-5240
- [Ischemic Stroke - Greater than 24 Hours Post Thrombolysis order set](#): 10-111-5289
- [Acute Stroke - Non Thrombolysis and Transient Ischemic Attack \(TIA\) Admission order set](#): 10-111-5288

Starting **June 8th**, these regional stroke order sets will be available through the [order set portal](#) on OurNH. **Please discontinue using the previous Stroke Order Set (Includes Post t-PA and Admitted TIA) 10-111-5239 by this date.** Please share this information with all relevant stakeholders in delivering Stroke Care in Northern Health.

## Reminder: Give Northern Health Emergency Management your feedback on NH's COVID-19 response

Northern Health Emergency Management is interested to hear from you: What's working well, what challenges or barriers do you see, and what recommendations do you have for improvement? **You can provide feedback multiple times.**

**Click to provide your feedback now:**

<https://www.surveymonkey.ca/r/NHCOVID19responsefeedback>

This tool will remain open throughout the COVID-19 response for you to submit thoughts or feedback as they occur. Your responses are anonymous. Questions? Contact [Research.Evaluation@northernhealth.ca](mailto:Research.Evaluation@northernhealth.ca).

## City of Prince George free downtown parking extended

- The City of Prince George has extended the free parking for on-street and non-reserved off-street parking in downtown Prince George to June 15.
- Watch for media releases from the City of Prince George for more information and exact dates.
- Please contact the City of Prince George with any questions or concerns.

## Morneau Shepell toolkit for individuals

- The outbreak of COVID-19 can be stressful for people. We know that fear and anxiety can be overwhelming. Get tips for coping with the ever-changing reality that we are facing using the [Morneau Shepell toolkit](#).
- Tools/tips available for:
  - Stress management
  - Family/child information

- Staying safe
- Mental health
- And much more!

## Dashboard provides detailed look at BC data

For data broken down by health authority, see the [BC COVID-19 dashboard](#) (may not work in all browsers; Chrome is suggested).

## Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: [Susan.Trenholm@northernhealth.ca](mailto:Susan.Trenholm@northernhealth.ca)

## Resources for stress and emotional support

### Support Lines

- **Employee Family Assistance Program (EFAP)**
  - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
  - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
  - Call **310-6789** for access to 24/7 crisis services.

## Trusted links and resources

- [BC Centre for Disease Control](#)
- [BC Centre for Disease Control “new today” page](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- [BC Physician Wellness in COVID-19](#) (BC COVID-19 Medical Student Response Team)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical information or to report concerns regarding non-compliance with public health orders**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

## 24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

**Rural Outreach Support group (ROSe) for COVID-19**

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626