

Date:	December 21, 2021
To:	All Primary Care Providers
From:	NH Medical Health Officers
Re:	Updates to isolation requirements for fully vaccinated COVID-19 cases

The [Interim Guidance: Public Health Management of Cases and Contacts Associated with Novel Coronavirus \(COVID-19\) in the Community](#) (BCCDC) was updated on December 15, 2021. The [Primary Care Provider FAQ](#) will be updated in the New Year.

Key update: isolation requirements for cases on page 16

- Generally, fully immunized individuals can cease isolation after 7 days. Unimmunized or partially immunized individuals can cease isolation after 10 days. Additional criteria and details below:

Table 2a: General criteria for ceasing isolation of cases that are not under a federal quarantine order – to use in conjunction with the definitions in the [infectious period section](#)

<p>Fully immunized individuals (i.e., ≥ 7 days after completion of primary COVID-19 vaccine series) with asymptomatic, mild or moderate illness who are managed at home and are not moderately nor severely immune compromised can cease isolation once the following criteria are met:</p> <ol style="list-style-type: none"> At least 7 days have passed since onset of symptoms (or test date for asymptomatic cases); AND Fever has resolved for 24 hours without use of fever-reducing medication; AND Symptoms (respiratory, gastrointestinal, and systemic) have improved
<p>Unimmunized or partially immunized individuals with asymptomatic, mild or moderate illness who are managed at home and are not moderately nor severely immune compromised can cease isolation once the following criteria are met:</p> <ol style="list-style-type: none"> At least 10 days have passed since onset of symptoms (or test date for asymptomatic cases); AND Fever has resolved for 24 hours without use of fever-reducing medication; AND Symptoms (respiratory, gastrointestinal, and systemic) have improved
<p>Those with severe or critical illness, and those who are moderately immune compromised can cease isolation once the following criteria are met:</p> <ol style="list-style-type: none"> Twenty days have passed since onset of symptoms (or test date for asymptomatic cases) AND Fever has resolved for 24 hours without use of fever-reducing medication; AND Symptoms (respiratory, gastrointestinal, and systemic) have improved
<p>Those who are severely immune compromised can cease isolation when determined by the Medical Health Officer, at least 20 days, potentially longer; consider a test-based strategy.</p>