

Prenatal care in Northern BC:

A guide for health care providers



Forms



[Antenatal record part 1 and 2 | PSBC](#)

Form to document early and routine prenatal care for all families



[Travel/relocation: Referral site services and supports | PSBC](#)

Form for families who need to travel away from home



Resources for prenatal families



[Baby's best chance: Parents' and caregivers' handbook of pregnancy and baby care](#)

Print copies available for families, mainly if online version is not easy to access



[Maternal and child health | First Nations Health Authority](#)

Public webpage for First Nations families and health care providers



[Our special journey: Pregnancy passport | PSBC](#)

Provide a copy to all non-Indigenous prenatal families to help track their progress and prepare for their baby



[Pregnancy and baby | Northern Health](#)

Invite families to access collection of Northern Health public webpages



[SmartParent pregnancy and parenting texting program](#)

Encourage all prenatal families to text "Northern" to 12323 or download the SmartParent app



[Our sacred journey: Indigenous pregnancy passport | PSBC](#)

Provide a copy to all prenatal families who identify as First Nations, Metis, and Inuit to help track their progress and prepare for their baby



Resources to support practice



[But I don't do maternity care! Essentials for family physicians | UBC CPD course](#)

Complete if you don't do birthing care and see pregnant patients up 20 weeks



[Prenatal primary care | PHSA Hub](#)

Clinical guidance about early and regular prenatal care



[Prenatal primary care checklist | PSBC](#)

Evidence-based prompts for clinical actions and conversations with families throughout routine prenatal care



[Travel/relocation from rural or remote communities for birth | PHSA Hub](#)

Practice guidance to support families with travel away from home throughout routine prenatal care



[Clinical algorithm for syphilis screening in pregnancy | PSBC](#)

Screen all pregnant people in the first trimester and during labour. Consider a third screen at 28 – 32 weeks gestation



[Syphilis | PSBC](#)

Clinical guidance about syphilis screening throughout pregnancy



Questions about prenatal services? Email HealthyStart@northernhealth.ca



First Nations Health Authority
Health through wellness



northern health
the northern way of caring