

Firstline (formerly known as Spectrum) mobile health: How-To-Guide

1. Access the app via mobile device (IOS or android) or desktop computer

Scan QR code below with phone camera to download the app or visit the <u>website</u> from your desktop



2. Pick your location

Select choose location and scroll through the alphabetical list till you find Northern Health







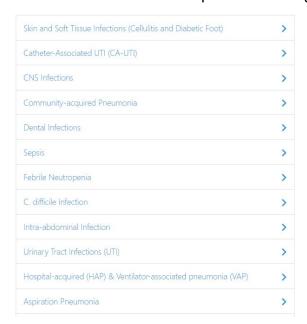
3. Select area of interest from the main menu

The platform is divided into guidelines, general pathogen information and general antimicrobial information



4. Guidelines

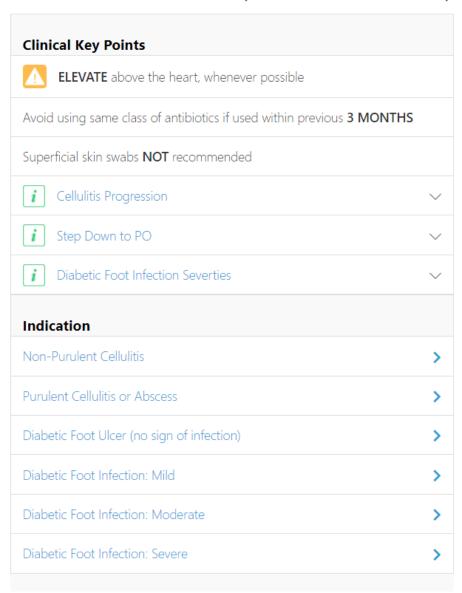
Select from the list of NH specific clinical guidelines



Each guideline contains several different areas of information (e.g. Skin and Soft Tissue Infections)



Skin and Soft Tissue Infections (Cellulitis and Diabetic Foot)



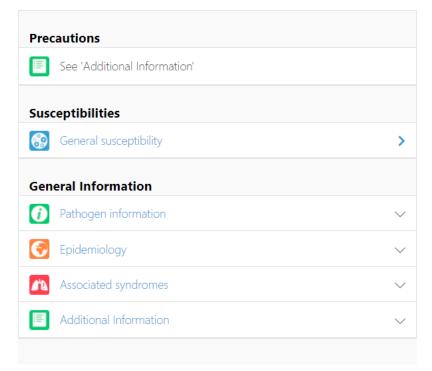
5. Pathogens

Some general information can be found from a list of various microorganisms including recommended precautions, general susceptibilities and common associated syndromes (e.g. Haemophilus influenzae)



,	the northern way of caring	
	Acinetobacter baumannii	>
	AmpC Organisms	>
	Arcanobacterium haemolyticum	>
	Bacteroides fragilis	>
	Bordetella pertussis	>
	Burkholderia cepacia complex	>
	Campylobacter species	>
	Candida albicans	>
	Candida glabrata	>
	Capnocytophaga canimorsus	>
	Chlamydophila pneumonia	>
	Citrobacter freundii	>
	Citrobacter koseri	>

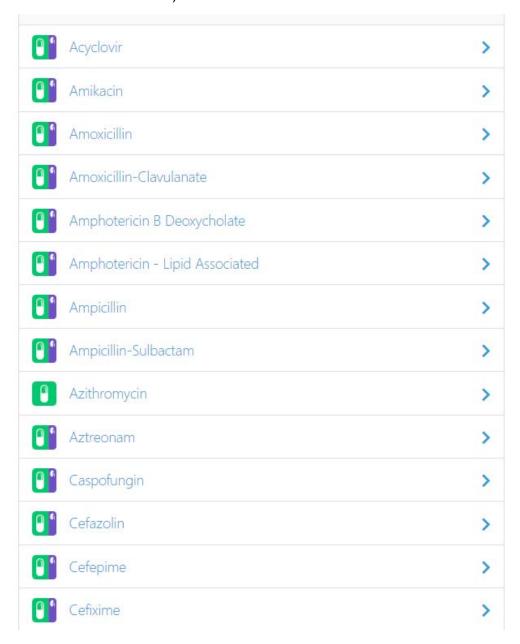
Haemophilus influenzae





6. Antimicrobials

General information for various antimicrobials can also be found including typical adult dosing, renal adjustments, obesity considerations and oral bioavailability (e.g. Amoxicillin-Clavulanate)





Amoxicillin-Clavulanate

C diff	icile risk um	Oral Bioavailability Good (70 to 90%)			
Spectrum Of Activity					
	General Spectrum of Activity		>		
Dos	ing				
†	Adult		>		
	Renal		>		
General Information					
	Common Usage		~		
[Q]	Drug Monitoring		~		
A	Adverse Effects		~		
4	Major Interactions		~		
[R]	Pharmacology		~		