



# COVID-19 DIGEST

MEDICAL STAFF

**Tuesday, June 9, 2020**

Medical staff updates will be sent out Tuesday and Thursday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

## Provincial case counts and statements

**As of June 8, 2020**, there were **65** confirmed COVID-19 cases in the Northern Health region. Although only one case is considered active, it is important that we remain vigilant in our communities.

For the latest provincial numbers, please refer to the [BC COVID-19 dashboard](#), which is updated each afternoon. The dashboard may not work in all browsers; Chrome is suggested.

[Joint statement on Province of B.C.'s COVID-19 response](#) – June 8, 2020

## Adapting maternity practice during COVID-19 – support and funding opportunities

- Maternity teams in rural communities are facing new challenges in the delivery of perinatal care in the context of COVID-19.
- A memo has been put together to highlight new and existing programs with funding to support teams in their local interprofessional maternity initiatives.
- We encourage interprofessional maternity teams to continue to access BCCDC clinical guidance and virtual support options for care delivery.

For more information, see the [full memo](#).

## New BCCDC modelling and projections – COVID-19: Going Forward

The BCCDC has released new modelling and projections for COVID-19 in BC. This includes epidemiology and modelling analyses.

- [COVID-19: Going Forward](#) (June 4)

For the latest BCCDC modelling and projections, see the [BCCDC website](#) or the [physician website's COVID-19 page](#).

## Feedback on these updates? We want to hear it.

- A new inbox has been created specifically for comments and content related to the Northern Health updates.
- If you have feedback or suggestions, please send an email to [updates@northernhealth.ca](mailto:updates@northernhealth.ca). Your feedback will help us refine these updates, and ensure that they remain relevant and useful to you.

## Reminder: Give Northern Health Emergency Management your feedback on NH's COVID-19 response

Northern Health Emergency Management is interested to hear from you: What's working well, what challenges or barriers do you see, and what recommendations do you have for improvement? **You can provide feedback multiple times.**

**Click to provide your feedback now:**

<https://www.surveymonkey.ca/r/NHCOVID19responsefeedback>

This tool will remain open throughout the COVID-19 response for you to submit thoughts or feedback as they occur. Your responses are anonymous. Questions? Contact [Research.Evaluation@northernhealth.ca](mailto:Research.Evaluation@northernhealth.ca).

## PAIN BC webinar: PAIN + CPN: An online database summarizing pain research in plain language

- **Date:** June 11, 12 pm
- [Register here](#)

In this webinar, Dr. Alfonso Iorio will provide a detailed overview of [PAIN + CPN](#), a free online database that summarizes emerging pain research in plain language. PAIN + CPN is updated regularly with articles that are reviewed and rated for clinical relevance and general interest by both health care professionals and people living with chronic pain.

## Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: [Susan.Trenholm@northernhealth.ca](mailto:Susan.Trenholm@northernhealth.ca)

## Resources for stress and emotional support

### Support Lines

- **Employee Family Assistance Program (EFAP)**
  - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
  - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
  - Call **310-6789** for access to 24/7 crisis services.

- **VictimLink BC**

- If you or someone you know is experiencing violence, immediate crisis support for victims of family or sexual violence is available through [VictimLink BC's](#) 24/7 telephone service in multiple languages at [1-800-563-0808](tel:1-800-563-0808), or by email at [VictimLinkBC@bc211.ca](mailto:VictimLinkBC@bc211.ca), to be referred to the closest service agency.

## Trusted links and resources

- [BC Centre for Disease Control](#)
- [BC Centre for Disease Control "new today" page](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- [BC Physician Wellness in COVID-19](#) (BC COVID-19 Medical Student Response Team)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical information or to report concerns regarding non-compliance with public health orders**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

## 24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

## Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626