



MEDICAL STAFF DIGEST

A twice-weekly update for medical staff

Thursday, July 2, 2020

Medical Staff Digests are now sent out every Tuesday and Thursday. For more information, see these pages:

- [COVID-19 \(Physician Website\)](#)
- [COVID-19 \(OurNH\)](#)
- [Pandemic Recovery Toolkit \(OurNH\)](#)

Provincial case counts and statements

As of June 30, 2020, there were **65** confirmed COVID-19 cases in the Northern Health region. Although no cases are considered active, it is important that we remain vigilant in our communities.

For the latest provincial numbers, please refer to the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

[Joint statement on Province of B.C.'s COVID-19 response](#) – June 30, 2020

Provincial announcement: Planning starting in preparation for allowing visitors to long-term care and assisted living facilities

Planning has begun to allow residents to have a single designated visitor in a specific visiting area.

For more information, see the [provincial announcement](#).

Physician Quality Improvement: Virtual Action Learning series

The Northern PQI program is developing an innovative approach called the Virtual Action Learning series (previously referred to as the Net Approach) to support physicians to lead Quality Improvement projects and receive just-in-time virtual QI training.

Training will be focused around a shared topic of interest determined by physicians and the Health Authority. Topic ideas that have been put forward include: Care in the Right Place, COPD, end of life, virtual care, and cultural safety and humility.

For more information, see the [memo](#) and [info sheet](#).

Survey results: Cardiopulmonary resuscitation (CPR) practices in Northern Health's long-term care homes

- [This document](#) is a summary of the survey done by managers of long-term care homes about CPR practices.
- For sites that do not offer CPR currently, Elder Services will work with those facilities to develop a plan for moving forward so it can be offered in all facilities for residents who decide they want CPR.

Microsoft Teams is coming on July 10! Check out the FAQs and quick reference guide

Microsoft Teams, which will replace Skype for Business on Friday, July 10, supports you both in the office and when working from home.

It provides online meetings and calls, document and content collaboration, chats, and the integration of apps and analytics. Learn more:

- [The Planned Move to Microsoft Teams \(OurNH link\)](#)
- [Microsoft Teams page](#) on OurNH

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.
- **VictimLink BC**
 - If you or someone you know is experiencing violence, immediate crisis support for victims of family or sexual violence is available through [VictimLink BC's](#) 24/7 telephone service in multiple languages at **1-800-563-0808**, or by email at VictimLinkBC@bc211.ca, to be referred to the closest service agency.

Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [BC Centre for Disease Control "new today" page](#)

- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- [BC Physician Wellness in COVID-19](#) (BC COVID-19 Medical Student Response Team)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical information or to report concerns regarding non-compliance with public health orders**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's COVID-19 webpage](#).

24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626