



MEDICAL STAFF DIGEST

A twice-weekly update for medical staff

Tuesday, July 14, 2020

Medical Staff Digests are sent out every Tuesday and Thursday.

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COVID-19

NH's COVID-19 resources

For more COVID-19 information, see these OurNH pages:

- [COVID-19 \(Coronavirus\)](#)
- [Pandemic Recovery Toolkit](#)
- [Physician website](#)

As of July 13, 2020, there were **65** confirmed COVID-19 cases in the Northern Health region. Although no cases are considered active, it is important that we remain vigilant in our communities.

For the latest provincial numbers, please refer to the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

[Joint statement on Province of B.C.'s COVID-19 response](#) – July 13, 2020

Update: Essential visitors during COVID-19

- Further to the update last week, one designated visitor is now permitted for LTC/AL residents. All visits must be scheduled in advance, and all visitors will be screened and asked to bring and wear their own masks.
- The [Essential Visitors during COVID-19 Response Policy](#) (OurNH link) has been revised to include support persons to assist with communication.
- The policy will continue to be in place until direction is received from the Ministry of Health.
- Complaints will be managed as outlined in the NH [Patient Complaints and Compliments Policy](#) (OurNH link).

Long-term care/assisted living digest – issue 4

The long-term care task group is developing bi-weekly updates for residents and families of long-term care homes and assisted living facilities.

[This issue](#) of the update provides information about the changes to visiting restrictions, and the changes coming to allow personal services (e.g., hairdressing), in these facilities.

Virtual happy hour hosted by Physician Quality Improvement on July 29

Physician Quality Improvement will be hosting a [virtual happy hour](#) over Zoom as an opportunity to see each other, share stories, and have fun.

The first topic for the happy hour will be sharing experiences of quality improvement during our quick response to COVID-19. Then the floor will open for anyone who would like to share their experiences and excitement to sustain those quality improvement gains.

The fun will start at 6:30 pm on July 29. To join the happy hour, use the zoom link below.

Join Zoom Meeting

<https://nha.zoom.us/j/61755022736?pwd=dWNmUDAwNjBrR3ZoQ2wveE5WNFB5Zz09>

Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's COVID-19 webpage](#).

Other organizational news

Feedback requested: Draft policy for long duration intravenous antimicrobials

The Northern Health Antimicrobial Stewardship Committee is looking for feedback from medical staff on a draft policy for long duration intravenous antimicrobials.

Please review the [draft policy](#) and provide your feedback to the AMS Committee by either completing a [short survey](#), or responding directly to Alicia Rahier at Alicia.rahier@northernhealth.ca.

The survey should take less than fifteen minutes to complete and your feedback will help refine and direct this policy.

On Wed., July 22, Microsoft Teams will replace Skype for Business

On July 22, Microsoft Teams will replace Skype for Business for meetings, calls, instant messaging, presence indicators, and more.

Set up your authentication

If you telework using VPN on an NH laptop, you need to set up Microsoft multi-factor authentication (MFA) before July 22, **otherwise you won't be able to use Microsoft Teams**. For step-by-step instructions with screenshots, see [Setting up Microsoft Multi-Factor Authentication](#) (OurNH link).

Training sessions on MS-Teams are available, including one this Thursday

Bring your questions! Learn more about Microsoft Teams (all times are PDT):

- [Thursday, July 16, 10:00-11:30](#)
- [Thursday, July 23, 10:00-11:30](#)
- [Thursday, July 30, 10:00-11:30](#)
- [Thursday, August 6, 10:00-11:30](#)

Questions?

See the [OurNH page on Microsoft Teams](#), which includes an [FAQ document](#), a [quick reference guide](#), and more.

Staff recognition (RAARs)

Random Acts of Acknowledgment and Recognition (RAARs)

We know that as medical staff at Northern Health, you often go above and beyond, and so do your colleagues. RAARs are a way for you recognize each other and say "thank you."

- See the [latest RAARs](#)
- [RAAR someone today!](#)

Staff wellness

Resources for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.
- [Emergencies and Disasters: Staff Self-Care Policy](#)
- **VictimLink BC**
 - If you or someone you know is experiencing violence, immediate crisis support for victims of family or sexual violence is available through [VictimLink BC's](#) 24/7 telephone service in multiple languages at [1-800-563-0808](tel:1-800-563-0808), or by email at VictimLinkBC@bc211.ca, to be referred to the closest service agency.

Community Corner and Staff Deals

NH Community Corner: Buy, sell, and trade for NH staff members

Looking for a good used vehicle? Trying to sell your house? Community Corner is a private online swap-and-shop for NH staff members and medical staff. Categories include Housing to Rent, Housing for Sale, Pets and Livestock, Furniture and Appliances, Wanted, and much more.

- [Visit Community Corner](#)
- [Post your classified ad now](#)

Staff Deals: Get a special rate!

Did you know? Because you work at Northern Health, you can get discounts at a number of businesses, including hotels, food and dining, computers, clothing, insurance, and more. See the full list here: [Staff Deals](#).