



MEDICAL STAFF DIGEST

A twice-weekly update for medical staff

Thursday, July 16, 2020

Medical Staff Digests are sent out every Tuesday and Thursday.

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COVID-19

NH's COVID-19 resources

For more COVID-19 information, see these OurNH pages:

- [COVID-19 \(Coronavirus\)](#)
- [Pandemic Recovery Toolkit](#)
- [Physician website](#)

Provincial case counts and statements

As of July 15, 2020, there were **65** confirmed COVID-19 cases in the Northern Health region. Although no cases are considered active, it is important that we remain vigilant in our communities.

For the latest provincial numbers, please refer to the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

[Joint statement on Province of B.C.'s COVID-19 response](#) – July 15, 2020

Reminder: Give Northern Health Emergency Management your feedback on NH's COVID-19 response

Northern Health Emergency Management is interested to hear from you: what's working well, what challenges or barriers do you see, and what recommendations do you have for improvement? **You can provide feedback multiple times.**

Click to provide your feedback now:

<https://www.surveymonkey.ca/r/NHCOVID19responsefeedback>

Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's COVID-19 webpage](#).

Other organizational news

New platform, Let's Talk Northern Health, gives community members input opportunities for major projects

Our new online tool called "[Let's Talk Northern Health](#)" lets the public, our patients and families, our staff and physicians, and other stakeholders connect and provide input on major projects. Learn more about the platform and the projects already on the go!

For more information, see the [full story](#).

Education Opportunity: Optimizing care for gay, bisexual, and MSM (men who have sex with men) patients

Want to upgrade your knowledge of LGBTQ+ health? Join the Northern Medical Program's Inclusive Medicine Club, along with Health Initiatives for Men and the Community Based Research Centre for an education session over Zoom:

- Friday, July 17
- 6 - 7:30 pm
- Register at inclusivemed@gmail.com

If you miss pre-registration, the Zoom link will be posted on the [Inclusive Medicine Club Facebook page](#) once the session starts.

Upcoming training sessions: Microsoft Teams

As of July 22, Microsoft Teams will be replacing Skype for Business. Training sessions available for those looking to learn more about MS Teams.

Bring your questions! All times are PDT:

- [Thursday, July 23, 10:00-11:30](#)
- [Thursday, July 30, 10:00-11:30](#)
- [Thursday, August 6, 10:00-11:30](#)

Questions?

See the [OurNH page on Microsoft Teams](#), which includes an [FAQ document](#), a [quick reference guide](#), and more.

Staff recognition (RAARs)

Random Acts of Acknowledgment and Recognition (RAARs)

We know that as medical staff at Northern Health, you often go above and beyond, and so do your colleagues. RAARs are a way for you recognize each other and say “thank you.”

- See the [latest RAARs](#)
- [RAAR someone today!](#)

Staff wellness

Resources for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.
- [Emergencies and Disasters: Staff Self-Care Policy](#)
- **VictimLink BC**
 - If you or someone you know is experiencing violence, immediate crisis support for victims of family or sexual violence is available through [VictimLink BC's](#) 24/7 telephone service in multiple languages at [1-800-563-0808](tel:1-800-563-0808), or by email at VictimLinkBC@bc211.ca, to be referred to the closest service agency.

Community Corner and Staff Deals

NH Community Corner: Buy, sell, and trade for NH staff members

Looking for a good used vehicle? Trying to sell your house? Community Corner is a private online swap-and-shop for NH staff members and medical staff. Categories include Housing to Rent, Housing for Sale, Pets and Livestock, Furniture and Appliances, Wanted, and much more.

- [Visit Community Corner](#)
- [Post your classified ad now](#)

Staff Deals: Get a special rate!

Did you know? Because you work at Northern Health, you can get discounts at a number of businesses, including hotels, food and dining, computers, clothing, insurance, and more. See the full list here: [Staff Deals](#).