



MEDICAL STAFF DIGEST

A twice-weekly update for medical staff

Tuesday, August 11, 2020

Medical Staff Digests are sent out every Tuesday and Thursday.

Sections

COVID-19.....	1
Overdose prevention and response	2
Other organizational news.....	2

COVID-19

NH's COVID-19 resources

For more COVID-19 information, see these OurNH pages:

- [COVID-19 \(Coronavirus\)](#)
- [Pandemic Recovery Toolkit](#)

Provincial case counts and statements

As of August 10, 2020, there were **96** confirmed COVID-19 cases in the Northern Health region. Twelve cases are considered active. As always, it is important that we remain vigilant in our communities.

For the latest provincial numbers, please refer to the [BC COVID-19 dashboard](#), which is updated Monday-Friday. The dashboard may not work in all browsers; Chrome is suggested.

- [Joint statement on Province of B.C.'s COVID-19 response](#) – August 10, 2020

Trusted links and resources for COVID-19

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)

- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's COVID-19 webpage](#).

Overdose prevention and response

New Lifeguard app launched to help prevent overdoses

The [Lifeguard App](#) is the latest tool in B.C.'s toolbox to support people who face the risk of overdose, and who use drugs alone. It will connect them to emergency services, so that in the event of an overdose, it will initiate a response to a potentially fatal situation. The app is an innovative approach that acknowledges the reality that more than half of all overdose deaths occur while people use alone.

This app is now available in the Northern Health regions and can be downloaded at both the [App Store](#) and [Google Play](#).

Please advise clients who use substances to consider using this app.

Other organizational news

News from Across NH

Jago Award Winners: Respect

The [Dr. Charles Jago Awards](#), named after our former board chair, acknowledge and celebrate the NH staff, physicians, and teams who have made outstanding contributions to the organizational goals, reflecting our values in the process.

The winner under the "Respect" category for 2020 is Beth Ann Derksen. The full story along with the nominator quote is available on the [NH Stories site](#). We will be sharing the rest of the winners in the following weeks.

Virtual training on gender-affirming care for trans, Two-Spirit, and gender-diverse people

Across B.C., more registered health care providers are asking for – and receiving – training and support to provide gender-affirming care to people in their communities. Trans Care BC is hosting a series of virtual events to share experts' approaches, best practices, and lessons learned in supporting trans, Two-Spirit, and gender diverse people in various health care settings:

- [Clinical Speaker Series](#) events are held quarterly on a weeknight. The next session is with registered clinical counsellor J. Matsui De Roo on **Sept. 16**. [Learn more about the event and how to register](#).
- [Clinical Mentorship Calls](#) are held every Thursday from 12:10 -1 p.m. for physicians, nurse practitioners, nurses, social workers, registered clinical counsellors, and registered health care professionals. These dial-in meetings are an opportunity for sharing information and resources, clinical discussion and professional networking. [Learn more about the mentors and sign up for a call](#).

Questions? Get in touch with Trans Care BC's education team at trans.edu@phsa.ca.

Staff recognition (RAARs)

Random Acts of Acknowledgment and Recognition (RAARs)

We know that as a Northern Health staff member, you often go above and beyond, and so do your co-workers. RAARs are a way for you recognize each other and say "thank you."

- See the [latest RAARs](#)
- [RAAR someone today!](#)

Staff wellness

Resources for staff wellness are available in the right hand sidebar under the heading "Resources for stress and emotional support" on both the [COVID-19 page](#) and the [Pandemic Recovery Toolkit page](#) of OurNH.

Community Corner and Staff Deals

NH Community Corner: Buy, sell, and trade for NH staff members

Looking for a good used vehicle? Trying to sell your house? Community Corner is a private online swap-and-shop for NH staff members and medical staff. Categories include Housing to Rent, Housing for Sale, Pets and Livestock, Furniture and Appliances, Wanted, and much more.

- [Visit Community Corner](#)
- [Post your classified ad now](#)

Staff Deals: Get a special rate!

Did you know? Because you work at Northern Health, you can get discounts at a number of businesses, including hotels, food and dining, computers, clothing, insurance, and more. See the full list here: [Staff Deals](#).