



COVID-19 DAILY DIGEST

MEDICAL STAFF

Wednesday, March 25, 2020

Physician updates will be sent out Monday to Friday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of Tuesday March 24, 2020, at 2:30 pm**, there were **8** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **617** (**145** new cases over a 48-hour period)
 - Deaths: **13** (**0** new)
 - In hospital: **59**
 - Recovered: **173**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – March 24, 2020.

Guidelines for management of COVID-19 test results

Northern Health's Medical Health Officers have developed guidelines on [what to do in the event of a positive or negative COVID-19 test result](#).

These recommendations may change as new evidence is discovered so to ensure you are using the most up-to-date version, please access the guidelines from the physician website.

Telehealth demo sessions being hosted to assist with virtual care

Four demo sessions are being hosted by IT/Physicians to assist with the opportunity for remote, virtual care. The sessions are being hosted online.

- Wednesday, April 1st, 12:15 pm - 1 pm
- Wednesday, April 1st, 5:15 pm – 6 pm
- Friday, April 3rd, 12:15 pm - 1 pm
- Friday, April 3rd, 5:15 pm – 6 pm

To register for a demo session, please RSVP to Kathy Stogneff, Kathy.Stogneff@northernhealth.ca

Self assessment tool now available on mobile devices

- The **BC COVID-19 Support** app is now available on the Apple App Store and Google Play (for Android). This will let you take the COVID-19 self-assessment, and receive the latest updates, trusted resources, and alerts.
- Also, BC has a new Self-Assessment Website, at bc.thrive.health, to determine whether you may need further assessment or testing for COVID-19.

Physicians in self-isolation

If you are a physician in self-isolation, please send an email to Susan Trenholm informing her. Susan.Trenholm@northernhealth.ca

Resources available for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: <https://www.doctorsofbc.ca/resource-centre/physicians/physician-health-program-php>
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links

- [Northern Health Internal Memos](#)
- [BC Centre for Disease Control](#)
- [HealthLink BC FAQ](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)

24/7 Physician call centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897