



COVID-19 DAILY DIGEST

MEDICAL STAFF

Monday, March 30, 2020

Physician updates will be sent out Monday to Friday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of Monday March 30, 2020, at 1:30 pm**, there were **14** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **970** (**86** new cases since Saturday, March 28)
 - Deaths: **19** (**2** new since Saturday, March 28)
 - In hospital: **106** (**60** in ICU)
 - Recovered: **469**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – March 28, 2020.

COVID-19 in pregnancy, birth and postpartum – clinical guidance

- The Society of Obstetricians and Gynaecologists of Canada (SOGC) shared information about COVID-19 in pregnancy.
- The BCCDC has worked with Perinatal Services BC to develop specific recommendations for antepartum, intrapartum and postpartum care for patients with suspected or confirmed cases of COVID-19.
- Site maternity teams are recommended to review the BCCDC's guidance and determine site implementation processes.

For more information:

- [Memo](#)
- [SOGC Committee Opinion - COVID-19 in Pregnancy](#)
- [SOGC Statement: Pregnant Health Care Professionals and COVID-19](#)
- [BCCDC COVID-19 in Pregnancy](#)
- [Supplemental Statement regarding COVID-19 and pregnancy](#)
- [General guidelines for community providers in BC](#)
- [General guidelines for admission and hospital treatment](#)
- [BC Women's Hospital Interprofessional Grand Rounds - COVID-19 in Pregnancy](#)
(Password to access: obgynrounds; Click SUBMIT)

Child care suggestions for front-line health care workers

For the week of March 30, if there are urgent situations where front-line health care workers need care for their children, we are asking parents to take the following steps based on the age of their children:

- **School-aged children (K-6):** Contact school principals (public and independent) as soon as possible to determine how best to meet the need for urgent child care beginning the week of March 30th. Principals will be available over the weekend for this purpose.
- **Children aged 0-5 (Pre-K):** Contact child care providers who operate on school grounds to see if they have capacity, or call your local Childcare Resource and Referral (CCRR) Centre, and they will work to match you with a child care provider who has available space.

For more details, see the [letter from the province on child care](#).

Know a retired physician who can help?

Do you know a recently retired physician (2 years or less) who might be willing to do some work during the crisis? If so, contact Donna Taylor at Donna.Taylor@northernhealth.ca.

Willing to redeploy to areas in need?

Are you willing to consider redeployment within Northern Health if there is an area of need and you are not fully involved in your usual work? If so, contact Susan Trenholm at Susan.Trenholm@northernhealth.ca.

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources available for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: <https://www.doctorsofbc.ca/resource-centre/physicians/physician-health-program-php>
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links and resources

- [BC Centre for Disease Control](#)
- [HealthLink BC FAQ](#)
- [WHO FAQ](#)

- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#). This page has links to the latest joint statements and orders issued by the Provincial Health Officer and a link to the Government of Canada's travel advice and advisories.

24/7 Physician call centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897