



COVID-19 DAILY DIGEST

MEDICAL STAFF

Wednesday, April 1, 2020

Physician updates will be sent out Monday to Friday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of Monday March 31, 2020, at 3:00 pm**, there were **15** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **1013** (**43** new)
 - Deaths: **24** (**5** new)
 - In hospital: **128** (**61** in ICU)
 - Recovered: **507**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – March 31, 2020.

Temporary suspension of pay parking at Northern Health sites

In an effort to reduce the risk of COVID-19 transmission, Northern Health is temporarily suspending pay parking for the public, staff, and medical staff, **effective April 1 through April 30, 2020**.

Northern Health's only public pay-parking site in the region is at the University Hospital of Northern BC (UHNBC) in Prince George. Northern Health is working with IMPark, the parking services provider at UHNBC, to implement this change to public and staff parking immediately.

Pay parking machines require people to touch screens and buttons that may have been touched by someone previously. Discontinuing the use of pay parking machines reduces the risk of potential spread of infection and also supports physical distancing measures that have been mandated by the Provincial Health Officer.

Appropriate Oxivir wipe usage

- In order to curtail the use of Oxivir TB Wipes should a product shortage occur, regional housekeeping has developed a [step by step process for appropriate use](#).
- Contact your housekeeping manager/operator if you have not already received your copy of this alternative process.

Telehealth training sessions

If you missed the training session earlier today, ITS is holding one more session this week to help physicians get set up with telehealth to allow for remote care.

Session date:

- Friday, April 3rd, 12:15 pm - 1 pm

To RSVP, please contact Kathy Stogneff at Kathy.stogneff@northernhealth.ca.

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources available for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: <https://www.doctorsofbc.ca/resource-centre/physicians/physician-health-program-php>
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links and resources

- [BC Centre for Disease Control](#)
- [HealthLink BC FAQ](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#). This page has links to the latest joint statements and orders issued by the Provincial Health Officer and a link to the Government of Canada's travel advice and advisories.

24/7 Physician call centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897