



COVID-19 DAILY DIGEST

MEDICAL STAFF

Friday, April 3, 2020

Physician updates will be sent out Monday to Friday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#).

Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of Thursday April 2, 2020, at 3:00 pm**, there were **17** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **1121** (**55** new)
 - Deaths: **31** (**6** new)
 - In hospital: **149** (**68** in ICU)
 - Recovered: **641**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – April 2, 2020.

COVID-19 regional triage intensivist now available

The role of Regional Triage Intensivist has been created to assist intensivists at UHNBC for the duration of the COVID-19 pandemic and will offer the following services:

- Rapid support and access to an intensivist.
- Critical-care-related consult requests outside of UHNBC, or calls for consideration of transfer of critically ill or injured patients to Prince George ICU.
- Advise with ongoing management of critically ill or injured patients in outlying facilities within the north, who are caring for COVID-19 and non-COVID-19-related cases for prolonged periods of time, either awaiting transfer out or not.
- Assist in triaging which critical care patients can be moved and who is appropriate for critical care management.
- Help support clinicians with difficult ethical decisions that might need to be made in this pandemic.
- Advise and assist with regional coordination of critical care resources.

The role will be operational 24/7 and can be contacted by calling:

- 250-645-7890 / 1-866-645-7890

- UHNBC Switchboard: 250-565-2000

Antenatal visits during the COVID-19 pandemic

- Low-risk, healthy, women and pregnant individuals need 8 contacts (virtual or in-person) during pregnancy by a healthcare provider. This will reduce the possibility of exposure for both the healthy pregnant person and the health care provider.
- Individualized care plans should be created for at-risk pregnant individuals (obstetrical risks, fetal risks, medical co-morbidities or psychosocial issues).
- All laboratory tests and ultrasound tests that are time-sensitive should still be completed (e.g., 20-week US scan, dating US scan, diabetes screen, genetic screening, 35-37 week GBS screen).

View the [full memo](#) and BCCDC [resources on pregnancy](#) and [antenatal visits](#) during COVID-19.

New COVID-19 order sets

Detailed [Nebule to MDI Order Set](#) now available. This order set now provides further guidance on dose to dose conversions when switching patients from nebulers to MDIs. The previous memo on [transitioning from Nebulizer to MDI](#) has been updated.

Order sets for [Adult admissions orders for confirmed or suspected COVID-19](#) and [Intensive care admission orders for COVID-19](#) are also available now.

Correction: Managing anxiety and stress in families with children and youth during the COVID-19 outbreak

The April 2, 2020 daily medical staff digest had an incorrect link to the resource, please see the [revised link](#).

Pay parking update: City of Prince George free parking

For people with monthly parking contracts with the City of Prince George, the City is now allowing cancellations and refunds to take advantage of free parking made available downtown.

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources available for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC

- Refer to information online at: <https://www.doctorsofbc.ca/resource-centre/physicians/physician-health-program-php>
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links and resources

- [BC Centre for Disease Control](#)
- [HealthLink BC FAQ](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#). This page has links to the latest joint statements and orders issued by the Provincial Health Officer and a link to the Government of Canada's travel advice and advisories.

24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626