



COVID-19 DAILY DIGEST

MEDICAL STAFF

Wednesday, April 15, 2020

Physician updates will be sent out Monday to Friday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of April 14, 2020**, there were **28** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **1517** (**27** new)
 - Deaths: **72** (**3** new)
 - In hospital: **134** (**58** in ICU)
 - Recovered: **942**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – April 14, 2020
- For a detailed look at BC data broken down by health authority, see the current [BCCDC surveillance report](#) – April 14, 2020

Medication conservation strategies for critical care drugs

- Demand for various medications has increased because of the COVID-19 pandemic. Drugs of high concern are **propofol, midazolam, ketamine, cisatracurium and fentanyl**.
- NH Pharmacy Services will continue to work to source additional product and redistribute existing stock throughout the region.
- Collaborative efforts at the provincial and national level are ongoing.
- Conservation strategies should be strongly considered at this time, where clinically feasible.

For further details, see the [full memo](#).

Temporary suspension of overnight oximetry

- As part of the ongoing COVID-19 outbreak response, overnight oximetry testing will be temporarily suspended for hospital inpatients where this is provided in the Northern Health region.

- In extreme circumstances, exceptions to the overnight oximetry testing restrictions may occur on a case-by-case basis. Exemptions will require specialist consult before testing is approved.

For further details, see the [full memo](#).

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources available for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links and resources

- [BC Centre for Disease Control](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- For **non-medical info**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#). This page has links to the latest joint statements and orders issued by the Provincial Health Officer and a link to the Government of Canada's travel advice and advisories.

24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626