



COVID-19 DAILY DIGEST

MEDICAL STAFF

Wednesday, April 22, 2020

Physician updates will be sent out Monday to Friday. For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of April 21, 2020**, there were **40** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **1724** (**25** new)
 - Deaths: **87** (**1** new)
 - In hospital: **109** (**51** in ICU)
 - Recovered: **1041**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – April 21, 2020

New dashboard provides detailed look at BC data

For data broken down by health authority, see the [BC COVID-19 dashboard](#) (may not work in all browsers; Chrome is suggested).

Use of non-sterile examination gloves

- There has been an unexpected shortage of extended-cuff gloves due to increased demand and shortage of raw materials. Our current line of extended-cuff gloves will not be available after April 30 and future stock availability of the replacement product is uncertain.
- Staff are requested to follow the [algorithm for appropriate glove use](#).
- Central supply inventories are being reviewed and extended-cuff gloves are being removed from sites that are not required to have them in stock.

Five signs of a COVID-19 malicious email

Northern Health's Information Security team would like to provide you with 5 simple ways to spot a COVID-19-themed malicious email.

For further details, [see the infographic](#).

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources available for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links and resources

- [BC Centre for Disease Control](#)
- [BC Centre for Disease Control new today page](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical information or to report concerns regarding non-compliance with public health orders**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626