

# COVID-19 DIGEST

MEDICAL STAFF

Friday, May 29, 2020

**Medical Staff updates will be sent out Monday, Wednesday, and Friday.**

For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

## Provincial case counts and statements

- **As of May 28, 2020**, there were **63** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
  - Confirmed cases: **2,558** (**9** new)
  - Active cases: **241**
  - Deaths: **164** (**2** new)
  - In hospital: **33** (**6** in ICU)
  - Recovered: **2,153**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – May 28, 2020

## Updated hours for the COVID-19 online clinic and information line

As of Thursday, June 4, Northern Health's COVID-19 Online Clinic and Information Line will be changing its hours to:

- Monday – Friday: 12 pm (noon) – 8 pm
- Saturday, Sunday, and statutory holidays: 8 am – 4 pm

Physician and Nurse Practitioner coverage for the call centre will be changing as of June 1 to:

- Monday – Friday: 12 pm (noon) – 8 pm
- Saturday, Sunday, and statutory holidays: providers available only from 10 am – 2 pm, even though clinic hours are 8 am – 4 pm

The NH COVID-19 Online Clinic and Information Line can be reached at [1-844-645-7811](tel:1-844-645-7811).

The service was launched in March to help ensure that Northern BC residents have access to information and health advice around COVID-19, as well as the option of virtual screenings by a nurse, physician, or nurse practitioner if required.

In May, we celebrated the success of the Online Clinic and Information Line, as it surpassed a milestone of having [answered over 12,000 calls](#) from Northern BC residents.

For general COVID-19 information, visit the [Northern Health website](#) or the [BCCDC COVID-19](#) website, or call the BC Govt. COVID-19 Helpline: 1-888-COVID19 or 1-888-268-4319.

## Northern Health Connections: Gradual return of service

On June 1, Northern Health Connections will go back to standard eligibility with the exception of passengers travelling without a medical appointment, which includes seniors (60+).

Northern Health Connections will continue to run with limited seating and enhanced safety measures until further notice.

For more information, see the full [information bulletin](#).

## Updated: Helpful list of funding opportunities for food programs

Ensuring access to food for all is an important part of the COVID-19 response. This document offers potential granting opportunities for community-based food programs – see [Food Program Funding Opportunities](#) (updated this week – new grant opportunities!).

If you know of, or represent, a community-based organization that supports food access, some of these grants may be helpful. Each grant has specific eligibility guidelines, so be sure to read the information in detail.

## Reminder: Your story, our future: Take BC's COVID-19 survey

*From the provincial government*

“BC COVID-19 SPEAK: Your story, our future” is a population health survey to understand citizen experiences, knowledge and actions during the COVID-19 pandemic. It was launched on Tuesday, May 12.

**Join the hundreds of thousands of British Columbians who have already responded -- take the survey now:** [www.bccdc.ca/covid19survey](http://www.bccdc.ca/covid19survey)

## Dashboard provides detailed look at BC data

For data broken down by health authority, see the [BC COVID-19 dashboard](#) (may not work in all browsers; Chrome is suggested).

## Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: [Susan.Trenholm@northernhealth.ca](mailto:Susan.Trenholm@northernhealth.ca)

## Resources for stress and emotional support

### Support Lines

- **Employee Family Assistance Program (EFAP)**

- **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
  - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
  - Call **310-6789** for access to 24/7 crisis services.

## Trusted links and resources

- [BC Centre for Disease Control](#)
- [BC Centre for Disease Control “new today” page](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- [BC Physician Wellness in COVID-19](#) (BC COVID-19 Medical Student Response Team)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical information or to report concerns regarding non-compliance with public health orders**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer’s webpage on current health topics](#).

## 24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897
- Toll Free: 1-833-645-7897

## Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626