

Date:	April 28, 2020
To:	Northern Health Staff and Physicians
From:	Kelly Gunn, Executive Sponsor for Palliative Care Task Group Dr. Inban Reddy, Medical Lead, Regional Palliative Care Consultation Team Stacey Joyce, Regional Lead, Palliative Care Consultation team Aaron Bond, Executive Lead, Elder Program
Re:	COVID-19 Palliative Care Clinical Resources Package

The Northern Health Palliative Care Task Group has developed a package of palliative care clinical resources to assist clinicians in providing palliative care for COVID-19 patients.

These resources are based on provincial palliative care best practices and provincial palliative care symptom guidelines, and were created in collaboration with palliative care specialists and other health authorities across the province. These resources are intended to provide guidance for primary care providers who are palliating COVID-19 patients across various care settings.

The package includes:

- [Symptom Management for Adult Patients with COVID-19 Receiving End-of-Life Supportive Care Outside of the ICU \(Algorithm\)](#)
- Order Sets: These order sets are based on the recommendations outlined in the End of Life Supportive Care Algorithm and are to be used for patients who are COVID-19 positive and who have chosen to receive comfort-focused supportive (palliative) care (order sets are located on Document Source):
 - [COVID-19 Adult Palliative Care Orders \(non-ICU\)](#) (document # 10-800-5004)
 - [COVID-19 Palliative Sedation and End of Life Orders](#) (document # 10-800-5005). This order set is to be used in conjunction with COVID-19 Adult Palliative Care Orders (non-ICU).
- [Grief & Bereavement Handout](#): Clinician resource to be used to support families
- Serious Illness Conversation Resources:
 - [Guide for Serious Illness Conversations with High Risk Community-Based COVID-19 Patients](#)
 - [Guide for Serious Illness Conversations with Hospitalized high-risk COVID19+ Patients](#)
 - [Guide for Serious Illness Conversations with Patients in Long-term Care at Risk of COVID-19](#)
- [Breathlessness at Home during COVID-19 Pandemic](#): Clinician resource to assist with supporting patients who are experiencing breathlessness related to COVID-19.
- Guiding Principles Documents:
 - [Guiding Principles for Palliation of COVID-19 Patients in Acute Care Facilities](#)
 - [Guiding Principles for Palliation of COVID-19 Patients in Community](#)

All of these documents are on OurNH and the NH Physicians website.

For any questions, please contact the Palliative Care Consultation Team at 250-565-7318.