



COVID-19 DIGEST

MEDICAL STAFF

Friday, May 8, 2020

Physician updates will be sent out Monday, Wednesday, and Friday.

For the latest news and resources on COVID-19, visit the [Coronavirus page on OurNH](#) or on the [physician website](#). Printable PDFs of these updates are on the physician website.

Provincial case counts and statements

- **As of May 7, 2020**, there were **54** confirmed COVID-19 cases in NH.
- **Province of BC statistics:**
 - Confirmed cases: **2,288** (**33** new)
 - Deaths: **126** (**2** new)
 - In hospital: **76** (**20** in ICU)
 - Recovered: **1,512**
- [Joint statement on Province of B.C.'s COVID-19 response](#) – May 7, 2020

Dashboard provides detailed look at BC data

For data broken down by health authority, see the [BC COVID-19 dashboard](#) (may not work in all browsers; Chrome is suggested).

BC's restart plan announced

The provincial government has released BC's Restart Plan, which lays out the steps we will take together to ensure we're all still protected as we get back to work and start expanding our social circles again.

Whether you operate a restaurant, a hair salon, a campground, or any other business; whether you want to know how schools will open; whether you want to see if you can visit family in the next province, make sure you review the updates from the Province and see how you, your family, or your business are affected!

Learn more about BC's Restart Plan: www.gov.bc.ca/restartBC

BCCDC Modelling & Projections

The latest modelling and projections slide package from the BCCDC, [COVID-19: Going forward](#), is now available. This covers COVID-19 epidemiology, health system capacity, dynamic compartmental modelling, and goals going forward.

This and all past modeling and projections slide packages are [now available on the physician website](#). New packages will be posted on this page as they become available.

Staff deals available for NH staff and physicians

OurNH has multiple staff deals available from various companies throughout the Northern Health region that both staff and physicians can take advantage of. For a complete list of available deals, see the [staff deals page](#) on OurNH.

Physicians in self-isolation

If you're a physician in self-isolation, email Susan Trenholm: Susan.Trenholm@northernhealth.ca

Resources for stress and emotional support

Support Lines

- **Employee Family Assistance Program (EFAP)**
 - **1-844-751-2133** – 24/7 crisis counselling support and/or referral to community resources.
- **Physician Health Program** – supports available through Doctors of BC
 - Refer to information online at: [Doctors of BC: Physician Health Program](#)
- **BC Crisis Line**
 - Call **310-6789** for access to 24/7 crisis services.

Trusted links and resources

- [BC Centre for Disease Control](#)
- [BC Centre for Disease Control “new today” page](#)
- [HealthLink BC COVID-19 page](#)
- [WHO FAQ](#)
- [Health Canada FAQ](#)
- [COVID-19 content in other languages](#)
- WorkSafe BC - [COVID-19 information and resources](#)
- Northern Health COVID-19 Online Clinic & Information Line: **1-844-645-7811**
- Northern Health Environmental Health Officer Line: **1-250-565-7322**
- For **non-medical information or to report concerns regarding non-compliance with public health orders**, call **1-888-COVID19 / 1-888-268-4319** 7 days, 7:30 am - 8 pm

For current information on restrictions on travel, gatherings and other issues, see the [Provincial Health Officer's webpage on current health topics](#).

24/7 Physician Call Centre

- Number: 250-645-7897
- Local: 507897

- Toll Free: 1-833-645-7897

Rural Outreach Support group (ROSe) for COVID-19

24/7 additional information, support, or guidance

- Toll Free: 1-888-918-0626