

## Overview of the Cardio Pulmonary Resuscitation (CPR) Practices in Northern Health's Long Term Care Homes Summary Information: May 2020

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1. **Overall Response rate** = 100% (n=23)
2. **Sites performing CPR** = 74% (Yes=17, No=6)
3. **Range of staff trained in CPR:**
  - 30 % (n = 7) indicated all staff or all RNs/LPNs were trained in CPR
  - 13% (n = 3) indicated between 5 – 20 staff were trained (unable to calculate % - no denominator)
  - 8% (n = 2) indicated they were unsure
  - 4% (n = 1) did not respond
4. **Yearly Certification:**
  - 61% (14) require yearly certification
  - 13% (3) did not require yearly certification
  - 13% (3) required certification every 3 years
  - 4% (1) indicated that yearly certification was optional
5. **Residents requesting CPR**
  - 83% (19) sites reported less than 20% of residents requesting CPR
  - The total number of residents requesting CPR = 96, representing approximately 8% of all LTCH residents
6. **On admission is there a discussion about CPR:** Yes= 86% (19), No=3% (3), No response (1)
7. **Process for cardiac arrest (visitor/family): what steps are taken in the event of a visitor or staff member having a cardiac arrest?**
  - Where sites are connected to a hospital or urgent care centre the process to transfer resident
  - If the site performs CPR and they are not connected to hospital or urgent care, the process is to start CPR and call 911
  - If they do not perform CPR, the process is to call 911
8. **AED (Automated External Defibrillator)**
  - Sites indicating they had AED: Yes=26% (6), No= 73% (17) ;
  - Numbers of staff trained in AED: 30% (7) were unsure, 30% (7) provided a number ranging from 20-100%, the remaining site did not respond