

Child & Youth Mental Health and Back to School Resources

Back to School Resources	
Kelty Mental Health	5 Tips Successful Return to School During COVID-19
	Parenting During COVID-19: We're All in This Together
	Preparing for a successful return to school
Foundry BC	Infosheet for Schools
Parent Support BC	Parenting Support During COVID-19
World Health Organization (WHO)	Children's Storybook to Help Children and Young People Cope with COVID-19
Doctors of BC	What Doctors are Saying About Sending Your Kids Back to School
National Collaborating Centre for Indigenous Health (NCCIH)	Maintaining the Health and Well-Being of First Nations, Inuit, and Métis Children and Teens during COVID-19
Ministry of Children & Family Development	Everyday Anxiety Strategies for Educators (EASE) At Home for Parents and Caregivers
BC Centre for Disease Control (BCCDC)	COVID-19 Public Health Guidance for K-12 School Settings
	BCCDC Back to School Information
	COVID-19 Testing for Children & Youth