

# Resources for Families & Support Teams of Children and Youth with Neurodevelopmental Diagnoses (e.g., Autism, FASD) during COVID-19

Resources for Families	
General resources for support during COVID-19	<b>Family Support Institute of BC:</b> COVID-19 information, resources and updates – <a href="https://familysupportbc.com/covid/">https://familysupportbc.com/covid/</a>
	<b>CHILD-BRIGHT Network:</b> COVID-19 resources for Canadian youth with disabilities, their families & support teams – <a href="https://www.child-bright.ca/covid-19-resources">https://www.child-bright.ca/covid-19-resources</a>
	<b>Sunny Hill Education Resource Centre</b> – <a href="http://www.bcchildrens.ca/our-services/sunny-hill-health-centre/our-services/resource-centre#Resources">http://www.bcchildrens.ca/our-services/sunny-hill-health-centre/our-services/resource-centre#Resources</a>
	<b>Children &amp; Youth With Special Needs:</b> MCFD Response to COVID-19 Details programs and services for children and youth with special needs and their families, including information on housing, day programs and support services – <a href="https://www2.gov.bc.ca/gov/content/family-social-supports/covid-19-information/child-youth-with-special-needs-response-to-covid-19">https://www2.gov.bc.ca/gov/content/family-social-supports/covid-19-information/child-youth-with-special-needs-response-to-covid-19</a>
	<b>Neurosequential Network:</b> COVID-19 Stress, Distress & Trauma Webinar Series – <a href="https://www.neurosequential.com/covid-19-resources">https://www.neurosequential.com/covid-19-resources</a>
	<b>Beacon House Therapeutic Services and Trauma Team:</b> COVID-19 Support Resources – <a href="https://beaconhouse.org.uk/covid-19-support-resources/">https://beaconhouse.org.uk/covid-19-support-resources/</a>
Age specific resources	<b>STADD (services to adults with developmental disabilities) Navigator Program</b> (eligibility 16 to 24 years of age) – <a href="https://www.communitylivingbc.ca/what-support-is-available/preparing-access-clbc-supports/services-to-adults-with-developmental-disabilities-stadd/">https://www.communitylivingbc.ca/what-support-is-available/preparing-access-clbc-supports/services-to-adults-with-developmental-disabilities-stadd/</a>
	<b>Community Living BC (CLBC) Age 19 or older:</b> Information for individuals and families regarding emergency funding during COVID-19 and information for service providers including home sharing. <a href="https://www.communitylivingbc.ca/resources/information-about-the-novel-coronavirus-covid-19/">https://www.communitylivingbc.ca/resources/information-about-the-novel-coronavirus-covid-19/</a>
Autism specific resources	<b>Autism Information Services (AIS):</b> A provincial information centre for autism and related disorders that provides information and supports to families, service providers, and community professionals across BC – <a href="http://autisminfo.gov.bc.ca/">http://autisminfo.gov.bc.ca/</a>
	<b>Autism BC Autism Topic Navigator:</b> A tool to explore and learn more about specific topics related to autism – <a href="https://www.autismbc.ca">https://www.autismbc.ca</a>
	<b>Autism Community Training (ACT BC):</b> Information and referral service that supports individuals with Autism Spectrum Disorder and their families across BC – <ul style="list-style-type: none"> <li>• <a href="#">Coronavirus Resources for the Autism Community</a></li> <li>• <a href="#">Coping with Behaviour Challenges during COVID19: Setting realistic expectations for families</a></li> <li>• <a href="#">Autism, Anxiety and COVID-19</a></li> </ul>
	<b>Pacific Autism Family Network:</b> Resources for research, information, learning, assessment, treatment and support; and building capacity to address the lifespan needs of individuals with ASD and related disorders – <a href="https://pacificaautismfamily.com/">https://pacificaautismfamily.com/</a> <b>Prince George Spoke:</b> Northern Resource available Monday to Friday at 250-645-0995

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<b>Autism specific resources</b>	<b>Autism Canada:</b> Resources to assist learning about and understanding autism spectrum disorders – <a href="https://autismcanada.org/resources/">https://autismcanada.org/resources/</a>
	<b>AIDE (Autism and Intellectual Disabilities Knowledge Exchange Network):</b> An initiative funded by the Public Health Agency of Canada focused on offering information and support to neuro-intellectually diverse individuals and their families and caregivers – <a href="https://aidecanada.ca/">https://aidecanada.ca/</a>
	<b>Parentbooks:</b> A comprehensive list of resources available for purchase including books and videos – <a href="http://www.parentbooks.ca/Autism_Spectrum_Disorders.html">http://www.parentbooks.ca/Autism_Spectrum_Disorders.html</a>
	<b>Autism Speaks:</b> Free toolkits/guides on subjects including advocacy, challenging behaviours and sleep – <a href="https://www.autismspeaks.ca/">https://www.autismspeaks.ca/</a>
<b>FASD specific resources</b>	<b>(POPFASD) Provincial Outreach Program for Fetal Alcohol Spectrum Disorder:</b> <a href="https://www.fasdoutreach.ca/">https://www.fasdoutreach.ca/</a> <b>POPFASD:</b> Guidance around Schedules and Routines during COVID-19 <ul style="list-style-type: none"> <li>• <a href="https://www.fasdoutreach.ca/resources/all/0-9/8-keys-at-home-structure">https://www.fasdoutreach.ca/resources/all/0-9/8-keys-at-home-structure</a></li> <li>• <a href="https://www.fasdoutreach.ca/resources/all/0-9/8-keys-at-home-routine">https://www.fasdoutreach.ca/resources/all/0-9/8-keys-at-home-routine</a></li> <li>• <a href="https://www.lynnekenney.com/keeping-routines-schedules-and-structure-at-home/">https://www.lynnekenney.com/keeping-routines-schedules-and-structure-at-home/</a></li> </ul>
	<b>FASD Waterloo Region:</b> This site offers strategies, tips and community supports for families. Included are resources for educators and other professionals that can be used when supporting children and youth diagnosed with FASD. <ul style="list-style-type: none"> <li>• <a href="https://www.fasdwaterlooregion.ca/news/2020/resources-for-individuals-with-fasd-during-the-covid-19-pandemic">https://www.fasdwaterlooregion.ca/news/2020/resources-for-individuals-with-fasd-during-the-covid-19-pandemic</a></li> </ul>
	<b>Parenting Indigenous Children with FASD:</b> Guide to culture for non-Indigenous caregivers – <a href="https://www.fasdinfortsaf.ca/wp-content/uploads/2019/07/FASD_Indigenous_Final_July2019.pdf">https://www.fasdinfortsaf.ca/wp-content/uploads/2019/07/FASD_Indigenous_Final_July2019.pdf</a>
	<b>CanFASD Canada FASD Research Network:</b> Foundations in FASD Level 1- basic training course intended for everyone that will come into contact with individuals with FASD including all sectors of work, families, individuals with FASD, spouses, and the general public – <a href="https://estore.canfasd.ca/foundations-in-fasd">https://estore.canfasd.ca/foundations-in-fasd</a>
	<b>Asante Centre:</b> Leader in the fields of FASD and other neurodevelopmental conditions that provides services and supports to individuals and their families across BCFASD – <a href="https://www.asantecentre.org/education-and-resources">https://www.asantecentre.org/education-and-resources</a>
	<b>Canada FASD Research Network:</b> “I am a Caregiver” resource guide is for those providing care to a person with FASD. This guide was developed to provide caregivers access to important information and resources relating to providing care for children and adults with FASD – <a href="https://canfasd.ca/wp-content/uploads/2018/03/Caregiver-Resource-Guide-FASD-March-2018.pdf">https://canfasd.ca/wp-content/uploads/2018/03/Caregiver-Resource-Guide-FASD-March-2018.pdf</a>
	<b>BC Government FASD Assessment and Support Services:</b> Information for families of children and youth with confirmed or suspected FASD, including available assessment services and key worker and parent support options in BC communities – <a href="https://www2.gov.bc.ca/gov/content/health/managing-your-health/child-behaviour-development/special-needs/fetal-alcohol-spectrum-disorder-fasd">https://www2.gov.bc.ca/gov/content/health/managing-your-health/child-behaviour-development/special-needs/fetal-alcohol-spectrum-disorder-fasd</a>

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Resources for Providers/Support Teams	
<b>General Resources</b>	<b>CHILD-BRIGHT Network:</b> COVID-19 resources for Canadian youth with disabilities, their families & support teams – <a href="https://www.child-bright.ca/covid-19-resources">https://www.child-bright.ca/covid-19-resources</a>
	<b>Well Being BC:</b> Created for all schools, as part of a mental health initiative to support social emotional learning, mental health literacy and trauma informed approaches – <a href="https://www.wellbeingbc.ca/">https://www.wellbeingbc.ca/</a>
	<b>Beacon House Therapeutic Services and Trauma Team:</b> collection of free downloadable handouts – <a href="https://beaconhouse.org.uk/resources/">https://beaconhouse.org.uk/resources/</a>
<b>Autism Specific resources</b>	<b>Autism Canada Physician’s Handbook –</b> <a href="https://secureservercdn.net/45.40.155.175/506.fdc.myftpupload.com/wp-content/uploads/2020/02/AutismCanada_HANS_PhysicianHandbook_2020.pdf">https://secureservercdn.net/45.40.155.175/506.fdc.myftpupload.com/wp-content/uploads/2020/02/AutismCanada_HANS_PhysicianHandbook_2020.pdf</a>
	<b>Autism Community Training:</b> Looking Beyond Autism – Recognising Mental Health Disorders, videos focused on heightening awareness of autism across the age span – <a href="https://www.actcommunity.ca/education/mentalhealth/recognising">https://www.actcommunity.ca/education/mentalhealth/recognising</a>
	<b>Autism Community Training:</b> Looking Beyond Autism – Treating Anxiety, Depression and OCD in Children and Youth with ASD – <a href="https://www.actcommunity.ca/education/mentalhealth/treating">https://www.actcommunity.ca/education/mentalhealth/treating</a>
	<b>Provincial Outreach Program for Autism and Related Disorders:</b> Education supports for teachers, administrators and parents teaching at home – <a href="https://www.actcommunity.ca/provincial-outreach-program-for-autism-and-related-disorders-popard">https://www.actcommunity.ca/provincial-outreach-program-for-autism-and-related-disorders-popard</a>
<b>FASD Specific Resources</b>	<b>CanFASD Canada FASD Research Network:</b> FASD for School Staff Level II: Practical Strategies for the School Environment – <a href="https://estore.canfasd.ca/fasd-for-school-staff-level-ii">https://estore.canfasd.ca/fasd-for-school-staff-level-ii</a>
	<b>BC Ministry of Education Provincial Outreach Program for FASD:</b> Provincial resource program for school professionals which aims to increase educators’ capacity to meet the educational needs of students with FASD – <a href="https://www.fasdoutreach.ca/">https://www.fasdoutreach.ca/</a>
	<b>Whitecrow Village:</b> FASD Programs for Schools and Educators – <a href="https://www.whitecrowvillage.org/education/">https://www.whitecrowvillage.org/education/</a>