








# COVID-19







## Implementing PPE Protocol









### Before Work

-  Remove all watches and jewelry
-  Wear clean clothes into work
-  Bring designated shoes that will stay at work
-  Bring a change of clean clothes in a washable bag
-  Bring any food in a disposable bag
-  Do not wear makeup that will soil N95 masks that can be reprocessed
-  Do not wear nail polish. Perform proper hand hygiene

### During Work

-  Sanitize phone, ID badge, and glasses
-  Sanitize work-station stethoscope
-  Perform hand hygiene before/after each patient interaction and when touching new surfaces
-  Sanitize meal surfaces and perform proper hand hygiene before eating. No shared food.
-  Avoid hand-shaking or high fives
-  Wear appropriate PPE as directed

### After Work

-  Change into clean clothes. Put work clothes in washable bag. Wear clean clothes home.
-  Sanitize phone, ID badge, glasses, and stethoscope
-  Leave designated shoes **AT WORK**
-  Shower at work or immediately after arriving home
-  Put water bottles/food containers in dishwasher
-  Put work clothes in washer

Northern Health COVID-19 Online Clinic & Information Line: 1-844-645-7811  
BC Govt. COVID-19 Helpline: 1-888-COVID19 or 1-888-268-4319