

the northe	ern way of caring						Page 1 of 2	
For tests with a shaded box consult provincial guidelines and protoc (www.BCGuidelines.ca) https://www2.gov.ca/gov/content/health/practitic professional-resources/bc-guidelines.			Ordering practitioner: address, phone, MSP number					
Bill to: ICBC MSP Wo	orkSafeBC	tient						
Personal health number ICBC/WorkSafeBC		number						
Leat Name of Potions	First Name of Boti	4	Locum for practitioner an	d MSP p	ractitioner number:	:		
Last Name of Patient	First Name of Patient		If this is a STAT order please provide contact telephone number:					
DOB	Gender	Pregnant	Fasting	Copy to practitioner/MSP practitioner number		titioner number:		
YYYY MM DD	□M □F □X	☐ Yes ☐ No	h pc					
Primary contact number of patient	Secondary contact	number of patient	Other contact number of p	patient Copy to practitioner/MSP practitioner number:				
Address of Patient		City/Town			Province	Postal Cod	Postal Code	
Diagnosis			Current medications/date and time of last dose					
The personal information collected on this form is collis used for quality assurance management and discloin Information Protection Act and when applicable in the	lected under the authority of the sed to health care practitioner Freedom of information and	ne Personal Information Protection is involved in providing care or wi Protection of Privacy Act and may	on Act. The personal information is used then required by law. Personal information by be used and disclosed only as provided	to provide me n is protected d by those Ad	edical services requested on d from unauthorized use and cts.	this requisition. To disclosure in acco	he information collected ordance with the Personal	
Hematology		Urir	ne Tests		Che	mistry		
☐ Hematology profile ☐ On anticoagulant?☐ No ☐ Yes ☐ INR ☐ Specify: ☐ Ferritin (query iron deficiency)		Macroscopic → microscopic if dipstick positive Macroscopic → urine culture if pyuria or nitrite present Macroscopic (dipstick) Microscopic*		Glucose-fasting (see reverse for patient instructions) Glucose-random GTT-gestational diabetes screen				
HFE - Hemochromatosis (ONE box only) Confirm diagnosis (ferritin first,±TS,±DNA testing)				(50g load/1 hour post-load) GTT-gestational diabetes confirmation				
Sibling/parent C282Y/C282Y homozy		*Clinical info for microscopic required:		(75g load/fasting/1+2 hr tests) GTT-non-gestational diabetes				
Microbiology: Label all S	necimens with Par	ient's Name, DOB, PHN and Facility			Hemoglobin A1c Albumin/creatinine ratio (ACR)-urine			
Routine Culture	pecimens with rat	Hepatitis Serology	The and Facility	Lipids	Tim y or odd i milo radio (i	71011) 411110		
On antibiotics? No Yes Specify: Blood Superficial wound (site):		Acute viral hepatitis undefined etiology Hepatitis A (anti-HAV lgM) Hepatitis C (anti-HCV)		✓ One box only Note: Fasting is not required for any of the panels but clinician may specifically instruct patient to fast for 10 hours in select circumstances [e.g. history of triglycerides greater than 4.5 mmol/L], independent of laboratory requirements.				
Deep wound (site):		Hepatitis B (HBsAg + anti-HBc) Chronic viral hepatitis undefined etiology Hepatitis B (HBsAg + anti-HBc) Hepatitis C (anti-HCV)		Full lipid profile - Total cholesterol, HDL, non-HDL, LDL Follow-up lipid profile - Total cholesterol, HDL and non-HDL only				
Vaginitis Initial (smear for BV and yeast only	<u> </u>							
Chronic/recurrent (smear, culture, t		Investigation of hepatitis immune status Hepatitis A (anti-HAV, total) Hepatitis B (HBsAg + anti-HBc)		Apo B (not available with lipid profiles unless diagnosis of complex dyslipidemia is indicated)				
Group B Strep Screen (Pregnancy O		Hepatitis marker(s)		Thyroid Function For other thyroid investigations, please order specific tests				
Chlamydia (CT) / Gonorrhea (GC) by NAA		HBsAg (For other hepatitis markers, please order specific test(s) below)		below and provide diagnosis.				
Source/Site: Urethra Cervix Urine Vagina Throat Rectum Other:		HIV serology (Patient has the legal right to choose not to have their name and address reported to public		Monitor thyroid replacement therapy (TSH only) Suspected hypothyroidism (TSH first, fT4 if indicated)				
Gonorrhea (GC) Culture Source/Site: Urethra Cervix Throat Rectum Other:		health = non-nominal reporting) Non-nominal reporting		Suspected hyperthyroidism (TSH first, fT4 and fT3 if indicated)				
Stool Specimens		Oth □ ECG	er Tests	Sodi			PSA screening	
History of bloody stools? Yes C.difficile testing		☐ FIT (50 to 74 asymptomatic q2y) Copy to Colon Screening Program ☐ FIT no copy to Colon Screening Program		☐ Pota:	=		(self-pay) ☐ Pregnancy	
Stool culture Stool ova and parasite exam				□ Alk P	Phos (CK) ☐ PSA - kr	nown or	test	
Stool ova and parasite (high risk, 2	samples)			☐ B12	suspecte	ed prostate	quantitative	
	rep (direct exam) Hair	Additional Tests		☐ Biliru ☐ GGT ☐ T. Pr	billable)	MSP 		
Mycology ☐ Yeast ☐ Fungus Site:							国场外线国	
	Collection							

Signature of practitioner

Date signed



Standard Outpatient Laboratory Requisition

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Patient Instructions

Several tests require the patient to fast prior to the test. Fasting means nothing to eat or drink (including gum and candy) for at least 8 to 12 hours. Water permitted in small quantities. Tests that require fasting are shaded. Fasting is not required for any of the panels but clinician may specifically instruct patient to fast for 10 hours in select circumstances [e.g. history of triglycerides greater than 4.5 mmol/L], independent of laboratory requirements.

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Cholesterol / Triglyceride / HDL LDL / Lipid Panel	Fasting 8 to 12 hours Not Required unless specifically requested by Physician				
Iron / TIBC / Homocysteine	Fasting 8 to 10 hours prior to the test.				
Glucose Fasting	Fasting 8 to 10 hours prior to the test.				
Glucose Tolerance Tests	Eat regular meals (adequate carbohydrate intake) for 3 days prior to the test. Do not eat or drink (including gum and candy), except water, for 8 hours prior to the test. Patient is required to remain at the Lab for the duration of the test.				
Gestational diabetes screen (Glucose 1 hr, 50 g Drink)	Fasting NOT required. Blood is collected 1 hour after glucose drink is given to the patient. Patient is required to remain in the Lab for the duration of the test.				
Therapeutic drug assays	Blood should be taken prior to next dose of medication.				
Helicobacter Pylori breath test***	Do not eat or drink for 4 hours prior to test. Contact laboratory for a list of medications that interfere with testing.				
24 hour urine					
Stool C&S, C.difficile, O&P, occult blood	Instructions and containers are provided by the Laboratory.				
Urine culture (C&S)					
Sputum culture					
Semen analysis***					
Further testing information	Check with your physician or Laboratory or see the website below.				

^{***}Contact the laboratory to see if testing is available on-site!

For detailed patient instructions and laboratory services go to: www.northernhealth.ca click on Services click on Hospital Services click on Lab Services click on For Patients

For Administration Use Only Place Patient Label Here

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