

October 10, 2025

First Nations Health
Authority 270 – 177
Victoria St.
Prince George, BC, V2L 5R8

Population & Public Health
500 – 299 Victoria Street
Prince George, BC, V2L 5B8

Dear Child Care Licensee,

Measles is a highly contagious viral illness currently circulating in British Columbia. This disease is not a new illness,

Attached is a letter to share with families and Child Care Employees about measles prevention and what to do following an exposure at Child Care.

REMINDER: Keep up-to-date contact information and immunization status record for all children and employees attending the facility. This will help identify close contacts within the facility when a measles exposure has occurred.

- Child Care Licensing Regulation Section 57(2)(a) states a licensee must keep, for each child, a record showing the following information: name, sex, date of birth, medical insurance plan number, and immunization status.

When Northern Health identifies a positive measles case, the public health team assesses for exposures in Child Care-settings. **If a measles exposure occurs in a Child Care setting**, meaning a person testing positive for measles AND attended childcare while infectious:

- **Northern Health will notify the Child Care operator.**
- A **letter of exposure** will be provided, detailing:
 - The dates the individual was at Child Care while infectious.
 - Symptoms to monitor for among exposed individuals.
 - Recommendations to seek assessment through a primary care provider or the Northern Health Virtual Clinic (NHVC) for those who are symptomatic or may benefit from preventive treatment.
 - Recommendations for exposed individuals who do not have at least one measles vaccine to stay home from Child Care, group activities, and public events for 21 days after the exposure.

Key messages for Child Care Employees:

- Many viral illnesses can cause rashes. In these cases, as with general illness in children while at Child Care, the parents/guardians should be contacted as per site policy for sick children and Child Care Licensing Regulation (CCLR) Section 55(1)(a).
- Please consult Licensing Connect before distributing any Child Care-wide notifications regarding potentially spreadable infections or suspected communicable diseases.
- For questions about a Child or Employee with measles symptoms or what to do after an exposure, Child Care operators should call their Child Care Licensing Office for advice.
 - Advice may also include encouraging the ill person to be assessed by their primary care provider or the Northern Health Virtual Clinic.

We appreciate your continued support in maintaining a safe and informed Child Care environment.

With gratitude and in partnership,

Northern Director of Nursing – on behalf of
First Nations Medical Health Officers and Northern Region Nursing Team,

Regional Nursing Lead – Healthy Child Cares, on behalf of
Northern Health Medical Health Officers and Communicable Disease team

Resources:

- Community Care Facility Licensing **1-844-845-4200**
- <https://www.northernhealth.ca/health-topics/measles>
- <http://www.bccdc.ca/health-info/diseases-conditions/measles>
- <https://www.healthlinkbc.ca/healthlinkbc-files/measles>
- <https://www.fnha.ca/what-we-do/communicable-disease-population-and-public-health/communicable-disease/measles>
- Northern Health Virtual Clinic: **1-844-645-7811**