

RESOURCES FOR PHYSICIANS IN THE COMPLAINTS/DISCIPLINE PROCESS

Doctors of BC – Regional Advisor and Advocate (RAA)

Regional Advisors and Advocates support physicians with issues locally, with the health authority, and provincially. Your RAA will support you with complaints or disciplinary issues to ensure you are treated fairly and proper processes are followed.

- Northern RAA – Michelle Pele mpele@doctorsofbc.ca

Doctors of BC – [Physician Health Program](#)

PHP is a responsive, high quality care provider and community services navigator for physicians, trainees, and their families. Support programs include:

- 24/7 confidential helpline 1.800.663.6729
- Short-term counselling
- Peer support

Employee Family Assistance Program (EFAP)

Northern Health's Employee and Family Assistance Program has now launched to a new platform with 24/7, 365 days a year access to a wealth of online resources and information to support your mental, physical, social, and financial wellbeing.

In your NH inbox you will receive an email invitation from LifeWorks. This email will include a link which will guide you to register for personalized professional services offered at any time, about any issue, whether if be work-related or in your personal life. These services are available to you and your family members (dependents).

1-844-880-9142 | nha.lifeworks.com | **Mobile Apps** [Apple](#) [Google](#)

Find a detailed platform registration guide [here](#).

Find an Employee and Family Assistance Program - Frequently Asked Questions - [here](#).

Order printed material from [DocuSource](#) 10-330-6080 (4x6 Rack Card)

10-330-6081 (Poster)

Questions? contact organizationdevelopment@northernhealth.ca



Medical Staff Association – contact your local MSA president

Elected officers of the MSA represent the medical staff in general and speak for the individual medical staff member in particular. In the case of disciplinary action taken with respect to an individual staff member, it shall be the duty of an identified elected officer to inform the member of their rights under the Bylaws.

Canadian Medical Protective Agency (CMPA)

CMPA members have access to medical legal assistance as well as a variety of education and event opportunities for physicians. CMPA can support physicians in managing stress and building resilience by offering articles and resources to support physician wellness and coping with the stress of medical practice.

Canadian Medical Association – [Physician Wellness Hub](#)

The hub provides reliable wellness tools and resources to empower physicians, medical learners, leaders and educators to create change in the culture of medicine.

RCCbc IMPACT – [Isolated Medical Provider Aftercare Team](#)

Peer to peer support for rural physicians and remote nursing station nurses in BC with the intent to support those who have experienced a potentially challenging incident in the course of their work.

