



Northern Health Physicians Partners in Wellness

Public Health Newsletter for Northern Health Physicians
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Pediatric Nutrition Guidelines for Health Professionals

In February 2017, the Provincial Health Services Authority (PHSA) released the *Pediatric Nutrition Guidelines (Six Months to Six Years) for Health Professionals*. The guidelines are available at: <http://www.health.gov.bc.ca/library/publications/year/2016/pediatric-nutrition-guidelines.pdf>

These evidence-informed guidelines apply to healthy, full-term infants and children from about six months up to six years of age. The resource is intended to be a quick reference guide to support BC health professionals to provide high-quality care related to feeding and the identification of nutrition risk.

This BC resource is organized by age (i.e. 6-9 months, 9-12 months, 12-24 months, and 2-6 years) and includes:

- relevant milestones related to feeding.
- guidelines for food and fluids.
- nutrition risk indicators that warrant additional investigation, intervention and/or referral.
- additional information related to: parental influences on eating habits, growth monitoring, informed decision making about infant feeding, food allergy prevention, iron and food safety.



Health professionals in Northern BC will find this quick reference guide to be a useful complement to Northern Health's *Infant-Toddler Nutrition Guidelines for Health Professionals, 5th edition (2015)*, a resource that provides more in-depth information on numerous nutrition topics related to healthy, term infants and toddlers. The Northern Health resource is available at Document Source, order #1946. An electronic copy can also be emailed to you.

For more information, please contact:
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Inside this Issue:

- Pediatric Nutrition Guidelines for Health Professionals* p.1
- Influenza update* p.2
- Medical Assistance in Dying (MAID) Conference June 2017* p.2

Notable Quotable:



Northwest

Atlin, Dease Lake, Houston, Hazelton, Masset, Kitimat, Port Clements, Prince Rupert, Smithers, Stewart, Terrace, the Village of Queen Charlotte

Northern Interior

Burns Lake, Fort St. James, Fraser Lake, Granisle, Mackenzie, McBride, Prince George, Quesnel, Valemount, Vanderhoof

Northeast

Chetwynd, Dawson Creek, Hudson's Hope, Fort Nelson, Fort St. John, Tumbler Ridge

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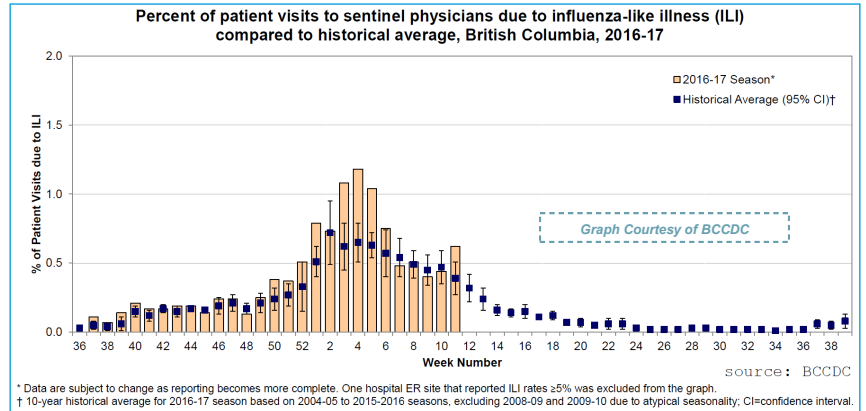


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Influenza Update

In weeks 10-11, 821 patients were tested for respiratory viruses at the BCCDC Public Health Laboratory (PHL). Of these, 184 (22%) tested positive for influenza, including 54 (29%) with influenza A [30 A(H3N2) and 24 with subtype pending] and 130 (71%) with influenza B. Overall influenza positivity remained stable above 20% in weeks 10-11, driven by the increasing number of influenza B detections. Since week 10, influenza B viruses have comprised the majority of influenza detections at the BCCDC PHL, representing >60% of all influenza detections in week 10 and >80% in week 11. Among influenza A detections, A (H3N2) remains the dominant subtype detected so far during the 2016-17 season.

Cumulatively since week 40 (starting October 2, 2016), 3679 (32%) patients tested positive for influenza at the BCCDC PHL, including 3318 (90%) with influenza A [3259 A(H3N2), 32 A(H1N1)pdm09 and 27 subtype pending],



358 (10%) with influenza B and three patients who had both influenza A and B detected during the season. Elderly adults ≥65 years old are disproportionately represented among influenza A(H3N2) detections, although younger age groups are also affected; whereas, adults 20-64 years old comprise a larger proportion of influenza B detections.

Source: BC Centre for Disease Control Influenza Surveillance Reports: Report No. 17, Mar 5-18, 2017 (Weeks 10-11)
<http://www.bccdc.ca/dis-cond/DiseaseStatsReports/influSurveillanceReports.htm>

Continuing Medical Education Opportunities: MAiD2017 — Medical Assistance in Dying

June 2-3—Victoria, BC

CAMAP, the Canadian Association of MAiD Assessors and Providers, invites you to participate in the inaugural conference on Medical Assistance in Dying—**MAiD2017** June 2-3 in Victoria BC.

MAiD2017 has been designed with the assessors and prescribers in mind: A year after the law has changed what is it they need to provide the best standard of practice in this field? What's happening across the country, what has worked, what obstacles remain and how can we support each other?

This CME accredited conference provides an opportunity for testing and a certificate for those wishing to be MAiD assessors and/or prescribers. It is designed to support your application for non-core privileges in MAiD.

Source:

1. Medical Assistance in Dying 2017 Conference web site:
<http://www.maidconference.ca/>

Back issues of NH Physicians, Partners in Wellness newsletters and bulletins are located on the NH Physicians website:
<http://physicians.northernhealth.ca/physicianResources/PublicHealth.aspx>

